The 7th EAS-network Conference

"Elite Sports Life @ University and Scholl"

September 9-11, 2010 Lisbon

High Perfomance Athletes at University: Normative Framework

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Outline

1. Base-Law of Physical Activity and Sports – nº 5/2007 
2. Sport and High Perfomance Law nº 272/2009 
3. Specific Support Measures to HP Athletes 
4. HP Athletes in Portugal: Overview 
5. Portuguese Examples… 

Portuguese Normative Framework: High Perfomance Athletes



GOALS

Define the political bases to develop physical activity and sports in Portugal



GOALS

Define the specific measures to support high perfomance athletes and sports



Portuguese Normative Framework: Base-Law of Physical Activity and Sport

Law nº5/2007

Is the main normative document.
Define the political bases to develop Portuguese physical activity and sports

Article nº7

Sport Development

• Public Administration role: support and develop PA and sport through technical, human and financial support

Article nº28

Education Establishments

• PA and sports should be promoted in all education levels/degrees curriculum; Universities included

Article nº44

High Perfomance

• Defines HP as sport activities developed in order to achieve excellence results according to international sport standards



Portuguese Normative Framework: Sport and High Perfomance Law

Law nº272/2009

Emanetes from Law 5/2007. Define public admin. SPECIFIC MEASURES to support high perfomance athletes and sports

Article nº14

School Enrollment

- HP athletes can apply to any school outside their residence area if needed

Article nº15

School Timetable

- HP athletes can benefit from an adapted school timetable

Article nº16

Justified School Absences

- HP athletes school absence can be justified during the sport season

Article nº17

Flexible Exam Date

- Exams date should be defined according to athletes sport season calendar

Article nº18

School Transfer

- HP athletes can benefit from school transfer if needed



Portuguese Normative Framework: Sport and High Perfomance Law

Law nº272/2009

SPECIFIC MEASURES **to support HP athletes; also defines the HP levels and the *rules/conditions to achieve HP Statute***

Article nº19

Tutor Teacher

- HP athletes should have a tutor teacher in school

Article nº20

Compensation Classes

- Athletes may have compensation classes if needed

Article nº22

Academic Scholarships

- Athletes may benefit from academic scholarships

Article nº27

University/College Entrance

- HP athletes benefit from specific entrance conditions*

** University minimum entrance grades required*



Sport and High Perfomance Law

Additional Support Measures

Sports Coaching Courses – nº28

HP athletes may benefit from special conditions to attend sports coaching courses

Other Professional Courses – nº29

HP athletes may also benefit from special conditions to attend professional courses

HP Scholarships – nº30

HP Athletes benefit from HP scholarships provided in program-contracts

Sports Facilities Priority – nº31

Athletes may use all public sports facilities with special conditions (priority acess)

Awards – nº32

Athletes with excellence results benefit from financial awards previously defined

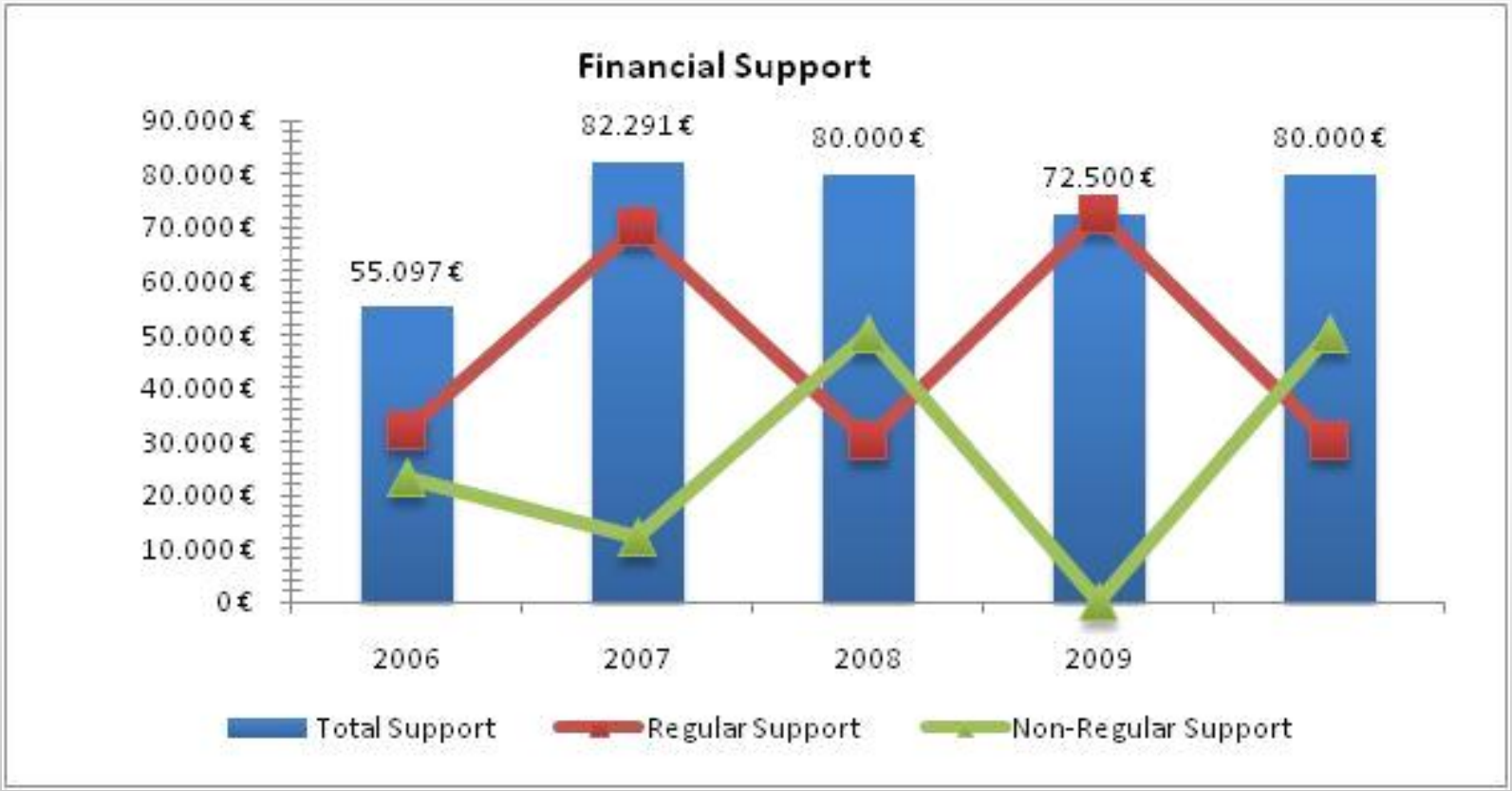
Sports Medicine Support – nº33

HP Athletes can benefit from medical support in sports medicine area

Financial Support to University Sport Structures (F.A.D.U.)

University Sports

Additional Support Measures From Public Administration



7.152 Athletes involved in University sports in 2009

Additional Support Measures
Measures after finishing athlete career

University

Entrance

- HP athletes benefit from specific entrance conditions until 3 years from the finishing date



ANOTHER SUPPORT MEASURES…

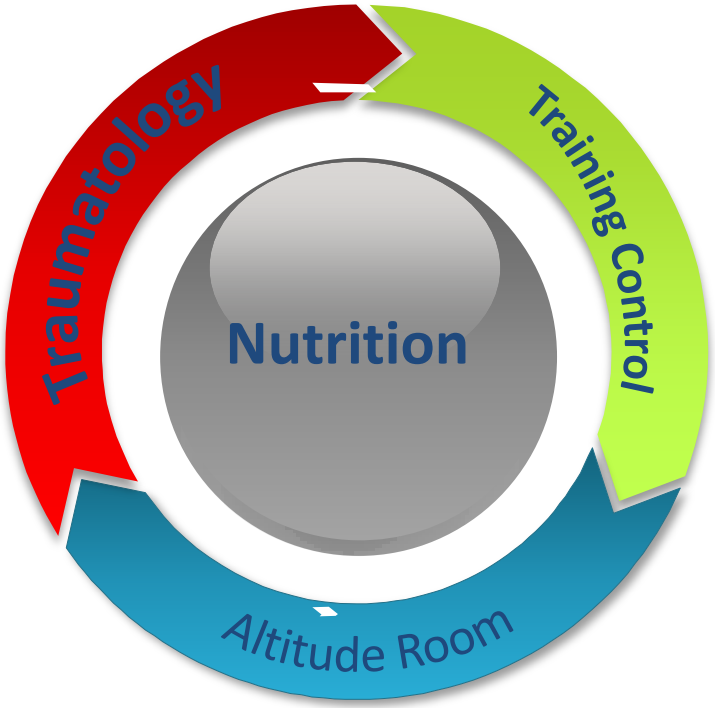
JAMOR contro dosportivo nacional

Sport Medicine and Training Control Unit

Traumatology and Physical Rehabilitation Service

Assessment and Training Control Service

Simulated Altitude Room
Normobaric Hypoxia










ANOTHER IMPORTANT MEASURES FROM GOVERNMENT…

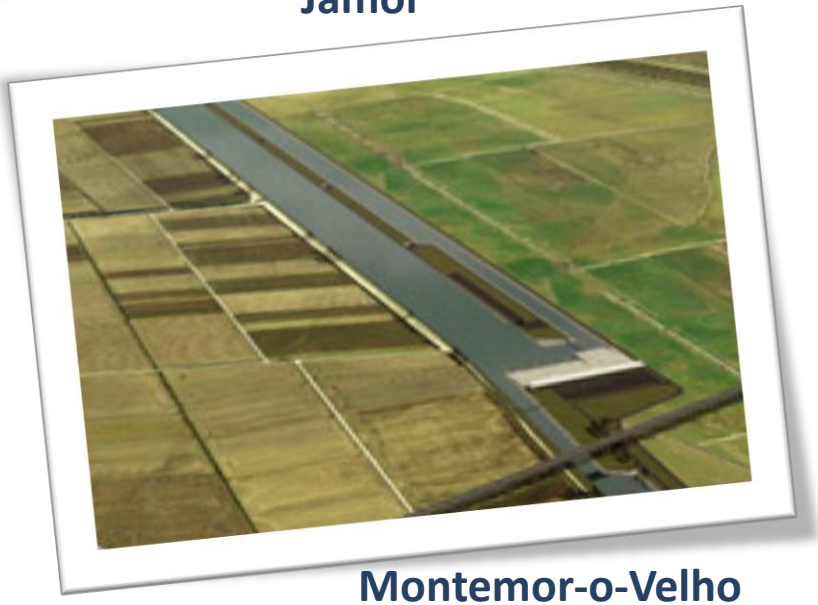
High Perfomance Centers



Jamor



Sangalhos



Montemor-o-Velho



High Perfomance Athletes in Portugal: Overview

Student/Athletes Main Characteristics

Data from 2004-2005; Source PSI,I.P.

GENDER

70% - Males
30% - Female

ENTRY CLASSIFICATION

≥ 14 – aprox. 50%
≥ 17 - aprox. 10%

SPORTS

80% - Olympic
30% - Non-Olympic

OLYMPIC SPORTS

Sailing Handball
Volleyball Athletics
Swiming Basketball

NON-OLYMPIC SPORTS

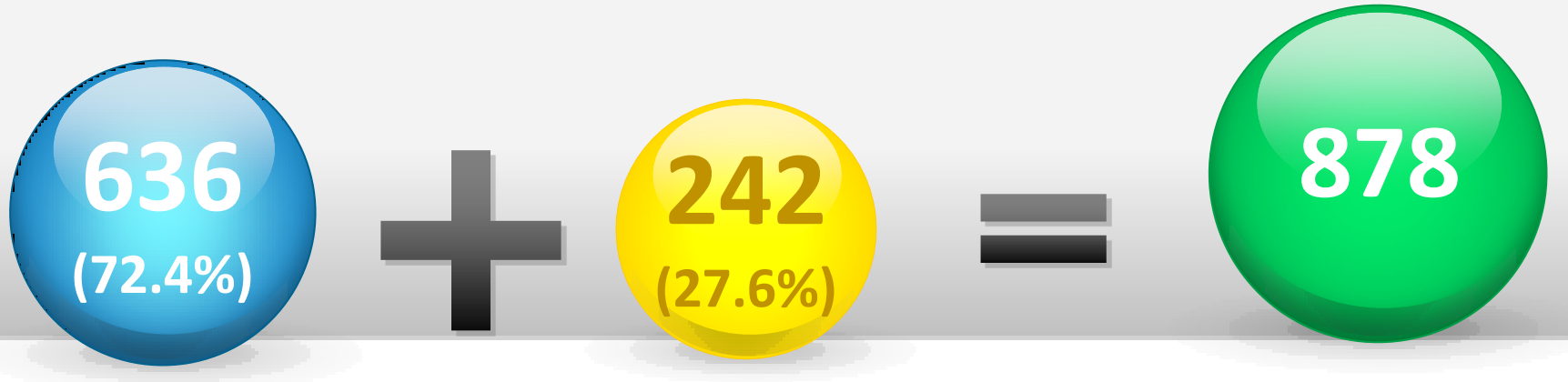
Rugby
Skating (Roller Hockey)

DEGREES

Health Sciences
Business Sciences
Sport / Physical Educ.

High Perfomance Athletes in Portugal: Overview

Data from 2009



HIGH PERFOMANCE ATHLETES

Elite athletes participating in Olympic and Non-Olympic Sports with *"High Perf. Statute" assigned by PSI*

STUDENT ATHLETES

Elite athletes with *"High Perf. Statute"* registered in Portuguese Universities

TOTAL NUMBER OF HIGH PERFOMANCE ATHLETES

Total number of athletes with *"High Perf. Statute" assigned in 2009*

Some Good Examples…



Nélson Évora
Triple Jump, Gold Medal in Beijing 2008

Naide Gomes
Long Jump, Gold Medal Valência 2008

