LATVIJAS UNIVERSITATE
ANNO 1919

Basketball System in the University of Latvia

Arturs Visockis-Rubenis

head coach of University of Latvia men basketball team

Sport & Education

University of Latvia is one of rare **systems** in all Baltic that provides **opportunity for athletes** to get high quality education and in the same time – to grow as an athlete.



Sport & Education

Our aim is to help these young people to grow not just as an athletes but also like personalities with strong character, good value system and high quality knowledge.

University of Latvia – best university in country.



What it gives for university?

- Popularity / Visibility
- Good and positive image
- Opportunities for students
- More students
- Entertainment



“Bullet points”

- Sport & Education
- Strong personalities – character, values, knowledge
- Build a system not club
- Professional system, attitude, work
- High quality marketing
- First – athlete, then result
- We are patriots of University of Latvia
- Enthusiasm
- Hard work
- Social work – we need to give back
- We need to be an example

Basketball system

- Men basketball 1st team – 1st division of Latvia professional basketball league (LBL).
- Men basketball farm club – 2nd division of Latvia basketball league (LBL2) – in cooperation with BS Riga – youth basketball school.
- Women basketball team - 1st division of Latvia professional basketball league (LSBL).
- Men basketball 2nd team – playing in Student basketball league.
- Biggest inside basketball league in all Baltic
- Close cooperation with youth basketball schools from all Latvia: BS Riga/Pārdaugava, Rīdzene, Gulbene, BK “Kolibri”, Mārupe

Basketball system



1st division
MEN &
WOMEN

Men 2nd team
(semi professionals)

Amateur basketball
•Inside basketball league– LUBL
•Voluntary basketball practices

Latvia youth basketball league
(cooperation with basketball schools)



Athlete benefits

- Paid & high quality education
- Sport scholarship
- High quality basketball – 1st division, practices – 2 times in day
- Dorms & free lunch
- Basketball equipment
- Medicine & physiotherapy
- Insurance



Selection

Searching for young basketball players which have aim to develop them in both areas – basketball and education.

- All season long – never stops
- U-19 finals
- Try-out practices
- Video scouting
- Cooperation with youth coaches

Athlete study process

New term: "Athlete student". There aim is not just to be a good student or good athlete. They need to do both in highest quality.

- All players are students.
- They have to have good grades – coaches check them each semester.
- It is possible to agree with professors but they still need do all what usual student do.

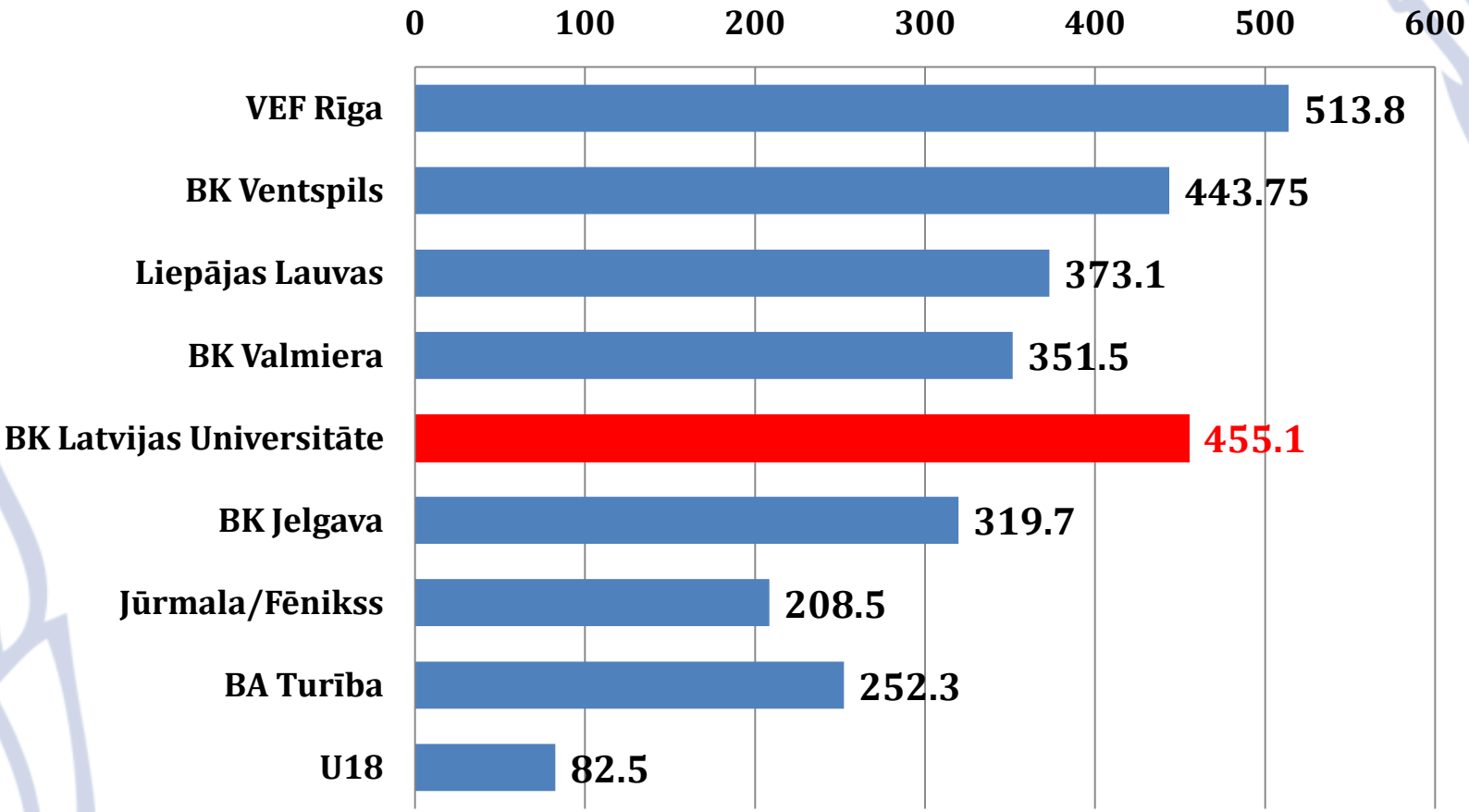
Athlete basketball process

- Two practices per day:
- Morning practice: individual work
- Evening practice: team practice
- One / two time per week: / physical workouts
- Video practices befor / after game

- One or two games per week
- Social events



How do we look like?



University of Latvia men basketball team home game visitor statistic 2011./12. season - 2nd best!!!!

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How do we look like?











LATVIJAS


24


NEBŪS!
NEBŪS!


LATVIJAS
UNIVERSITĀTE


LATVIJAS UNIVERSITĀTE
Swedbank


STARTS




VESELĪBAS CENTRS 4



Marketing


LBL
1/2 fināls
Piektdien,
20.aprīlī
19:30
LU
pret
VEF
Olimpiskajā Sporta centrā
Ieeja: LU studentiem, skolēniem, pensionāriem 0,50Ls
Ar SSC uzlimi uz apliecības - bez maksas! Pārējiem: 1Ls
Seko mums:
Mūs atbalsta:


LATVIJAS UNIVERSITĀTE
WWW.GRIBUSTUDET.LV
Basketbola klubs "Latvijas Universitāte"
Komandas
Klubs
Kalendārs
Foto
Video
Bijetes
Brīvprātīgajiem
Karsējmeitenes
Partneri
Kontakti
Arhīvs
Latvijas Universitātes Basketbola līgā triumfē EVF komanda
Swedbank
LATVIJAS UNIVERSITĀTE
VESELĪBAS CENTRS 4
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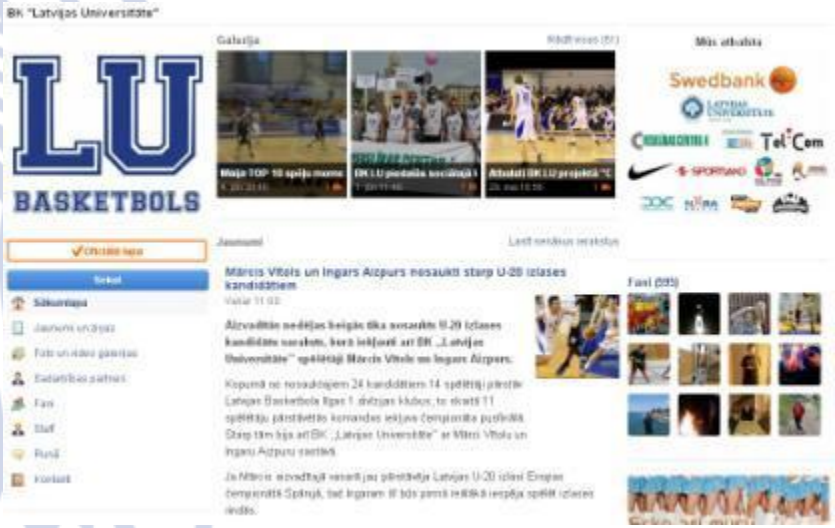
BK "Latvijas Universitāte"
LU
BASKETBOLS
Galarija
Mūs atbalsta
Swedbank
Tel Com
Mārcis Vītols un Ingars Aizpurs nosaukti starp U-20 izlases kandidātiem
Fani (895)


Mūs atbalsta
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SPORTLAND
Laipni lūdzam
LBL 1.divīzijas spēlē
LATVIJAS UNIVERSITĀTE
PRET
Turiba
2012. gada 25. marts,
Olimpiskais Sporta Centrs

Records

- Season 2010./11.
- Men basketball: 8th place
- Women basketball: 3rd place

- Season 2011./12.
- Men basketball: 4th place
- Women basketball: 6th place



Before: Winner of Latvian student basketball league five times, SELL game medals, tournament winners.

Maid different age national team candidates, professional players, all start game players, player awards.

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LU
BASKETBALL

„Success is peace of mind that is direct result of self-satisfaction in knowing you did your best to become the best that you are capable of becoming!”

/ coach John Wooden/

Thank you!

LATVIJAS UNIVERSITATE
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Football System in the University of Latvia

Ģirts Mihelsons

Head of football department

Sports & Education

New football era in University of Latvia started in the **end of year 2006**.

Partnership with Football school METTA

New vision:

Football is more then just a game!

Football & Education

Football school METTA -
FAMILY – FOOTBALL – EDUCATION



Football system

University

School

Kindergarden



Adult teams

Age group 8-19

Age group 4-7

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Footbball system



Football system in UL



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Footbball system



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Footbball system



Training sessions

- **11 month team work,1 month individual plan:**
- **January – February:**

  (5-7 trainings and one game in week)
- **March – June:**

  (5 trainings + game in week)
- **July:**

  (2 weeks - 7 trainings + game)
- **August:**

  November (5 trainings + game in week)
- **Events**: one in 2 months!

LATVIJAS UNIVERSITATE
ANNO 1919

Footbball system









Athlete benefits

- Paid & high quality education
- Sport scholarship
- High quality football – 1st division, practice, players in Latvian national teams
- Equipment
- Medicine & physiotherapy
- Insurance
- Experience in football club



Selection

Players who are developed in both ways - football and education:

- From U-12
- Try-out practices to pupils and students from other regions
- Cooperation with youth clubs and coaches



Records

- **Season 2007**
- 4th in 1st division
- **Season 2008**
- 5th in 1st division
- **Season 2009**
- 6th in 1st division
- **Season 2010**
- 5th in 1st division
- **Season 2011**
- 1st in 1st division
- **Season 2012**
- Currently 10th



Football player

Educated professional for football and Latvia!





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Thank you!