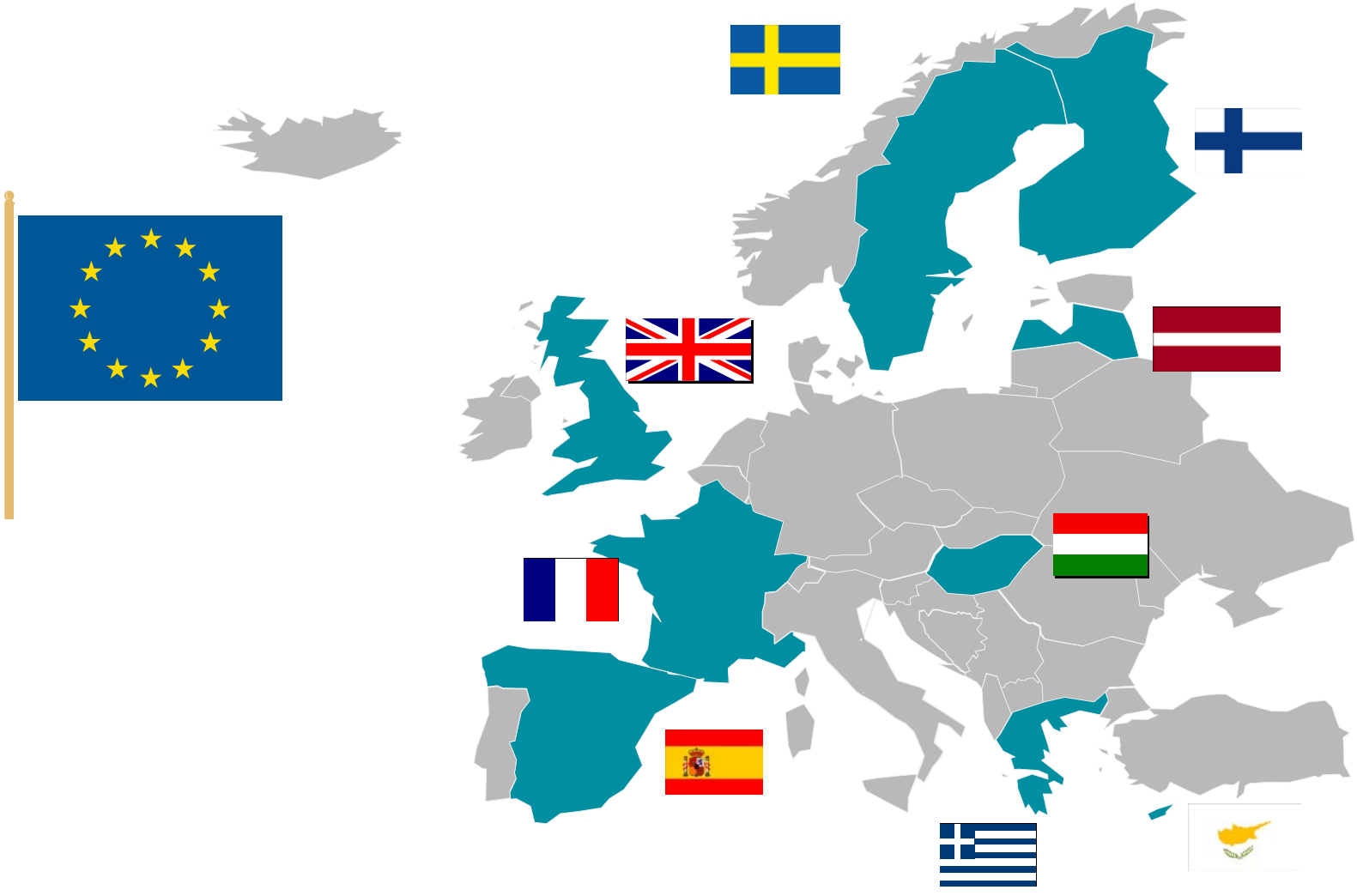
DUAL CAREER
Training and Education

Action in Sport
Background
Today
Ideas

Countries in the project



Our focus is young athletes

Compulsory	Upper secondary	Post secondary
age 13 - 15	age 16 - 18	age 19 - 23

Specialization



Diversity



Some agreements



Our focus is young athletes

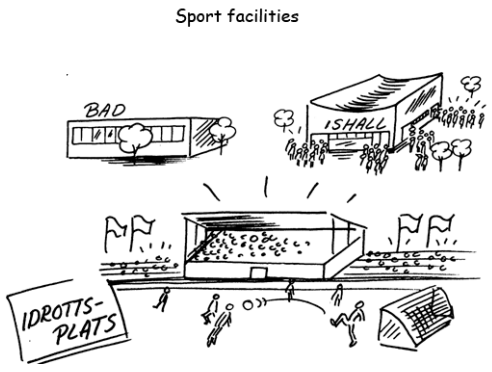
Compulsory age 13 - 15	Upper secondary age 16 - 18	Higher education 19 - 23
Mapping compulsory schools with sport profile Independent schools with sport profile Surveys to headmaster	Put together existing material Regional and independent upper secondary schools What have happen after education	Education and training with sport profile Mapping special sports association who have agreement with universities Advanced vocational education



Upper secondary schools

- During the 70-ties government investigation “Sport for All”
- Political worrying - Training and Education
- Why shall sport have –benefits
- 1978 National board of Education decided
- 5 hours from thematic studies – to training in sports
- 10 years experimental work

Key factor of success



- Swedish Sports Confederation
- Special Sports Federation
- Ministry of Education
- National Board of Education
- Swedish Association of Local Authorities and Regions







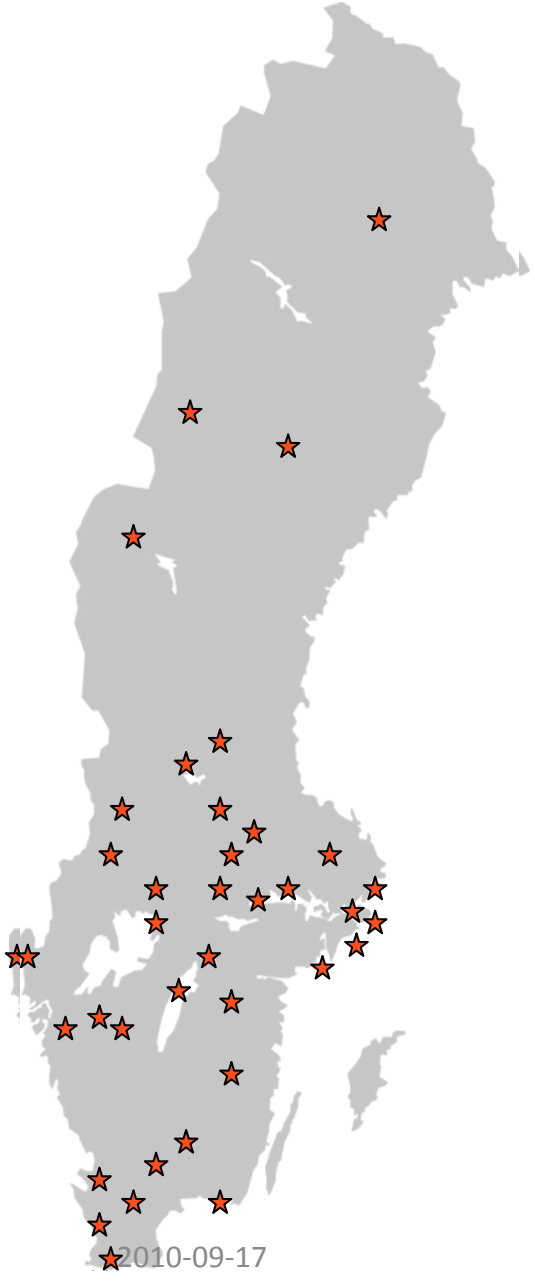


Key factor of success

- The path to the National team where establish
- Communities who get upper secondary education in sport - positive, find lodging, facilities for training

Current situation in Sweden

Types of schooling and education	Compulsory schools	Upper secondary schools	Adult education colleges	Universities
Total programs	5603	8693	150	750
Public schools Sport programs	361	273	49	
Independent schools Sport programs	24	32		



Upper secondary schools supported by Swedish Sports Confederation

- Team sports 13
- Individual sports 47
- Total 60 schools
- 36 sports
- 140 coaches

Some results

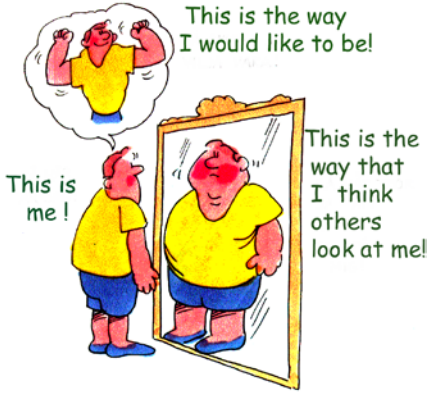
- 70 – 75 % reach national team
  individual sports more successful then team sports
- 1980 average age national team 23 years
- 2002 average age national team 25 years, more effort and time
  teacher, coach, mental coach, physiotherapist
- 7 – 8 % drop out - not worth the effort
- Higher grade then other class mates,
  girls have better grade then boys

Support to talents

- Competent and flexible support
- Quality assurance of studies- and training environment
- Long term objective international elite and stand a good chance for Dual Career



Systematic improvement and measurement of

Results in sport	Development of studies	Satisfaction of students	Coaches motivation
			

Transition how

schools levels

sports

sports clubs

coaches

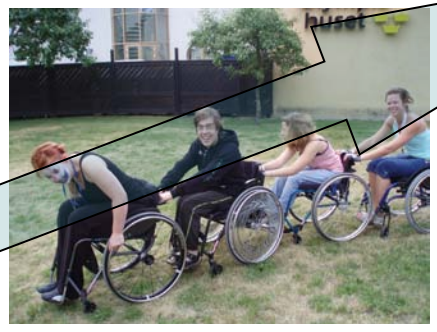
sports federation

Olympic sports

parents









- Finland 1800 students in sport high schools, task from ministry of education, operated by Olympic committee. **Web page** provides information on top athletes career and life including education

- UK Yorkshire, **school sport partnership**; raising standards, strategic planning primary liaison, school to community, coaching and leadership, out of ours activities

- EASM collect information from **student seminar participants**, use alumni network 400 contacts in Europe

- EOSE Target groups for **dissemination**, building a "container of best practises", **exploitation, valorisation**

- Bosön management (no headache) **good quality** sport upper secondary schools, key factors of success,

Some In the pipeline



- Life stories interview
  "Victory – first, the athlete – second "
  "The athlete – first, victory – second"
- Surveys; athletes, special sports federation
- Self study course - Career Planning
  will be pilot tested
- Final conference in Gyor Hungary

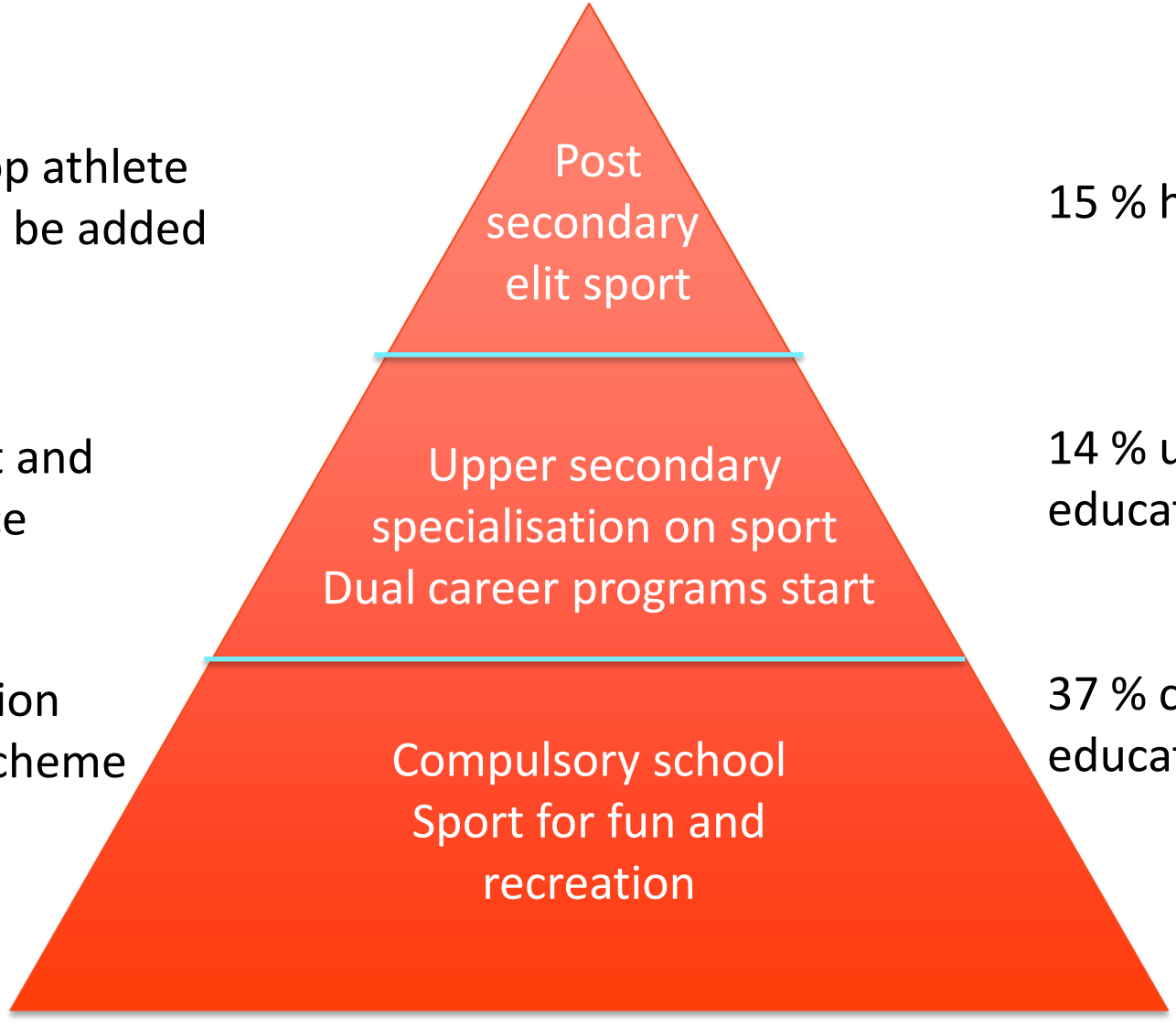


Complex task

Legal age
Team around an top athlete
Career consultants be added

Many programs
Specialisation sport and education. Guidance for occupation

Vocational orientation
Work Experience Scheme
Sport i clubs



15 % higher education

14 % upper secondary education

37 % compulsory education

Special Sports Federations

Who have responsibility	Minor			Major	
	1	2	3	4	5
Athlete themselves	0%	0%	12.5%	25%	62.5%
Coach	12.5%	25%	12.5%	25%	25%
Sports club	12.5%	50%	0%	25%	12.5%
Special Sports Federation	12.5%	25%	12.5%	25%	25%
National Sport Federation	12.5%	12.5%	0%	50%	25%
Other parents	33.3%	0%	0%	33.3%	33.3%
					Total

Ahtletes

How much support	Not enough	Enough	More than enough
Parents	25%	50%	25%
Coach	33.3%	33.3%	33.3%
Head master	33.3%	66.7%	0%
Class teacher	33.3%	66.7%	0%
			Total

Athletes

Obstacles results in sport	A little				A lot
	1	2	3	4	5
Financial	0%	0%	50%	50%	0%
My capacities	0%	50%	50%	0%	0%
Not enough time for training	0%	0%	100%	0%	0%
Not enough support from coach	0%	0%	50%	0%	50%

Total

Thank you



Preparatory Action 2009 – Call for proposals

- The main objective of the Preparatory Action
  - prepare future EU actions in sport
  - based on the priorities set in the White Paper on Sport
- Support to transnational projects in order to identify and test suitable networks and good practices
- Selected projects are expected to contribute to the preparations of the new EU sport competence
  - monitoring throughout the lifecycle of the projects
  - high expectations

Preparatory Action 2009 – Call for proposals

Selected projects represent the following areas:

- Promoting health-enhancing physical activity: 9 projects
- Promoting education and training in sports: 4 projects
- Promoting European fundamental values by encouraging sport for persons with disabilities: 2 projects
- Promoting gender equality in sport: 3 projects

Preparatory Action 2009 – Call for proposals

- 207 project proposals received
- 18 projects selected
- 150 organisations involved in partner networks
- Total budget € 4 million

Education and Culture DG

- Education and training in sports
- Create a functional network
- Find ways for ” dual career”
- Trans national cooperation
- Promoting sport and physical activity in schools and education
- Reintegration of athletes to labour market

Sweden – sporting nation



- 9,3 millions
- 450 000 kvm^2
- 70 sport associations
- 25 000 sport clubs
- 3 millions members of sport clubs

What areas of study are you most interested in

Business and economics

Computer Science, Theatre, Scriptwriting, Architecture

I´m starting to study gerontology in University

Languages

Law and history

Match

Math

PE

Physical education, mathematics and economics

Professional studies in financing

Sports and teaching or coaching

Planning your Career - Headings

- Unit 1 – Introduction
- Unit 2 – What makes you happy?
- Unit 3 – What are you good at?
- *Unit 4 – What direction are you moving in? or Where are you heading? Or Where are you going?*

- Unit 5 – What are your options? Step 1
- Unit 6 – What are your options? Step 2
- Unit 7 – What are your goals?
- Unit 8 – From goals to delivery
- Unit 9 – Evaluation


Follow your dreams
914
DUAL CAREER
Training and Education

Future prospects completion



- More sports at upper secondary schools
- Stimulate formal and informal learning, theory together with other athletes
- Coaches cooperation over sport barriers, stimulates students and coaches, give new knowledge
-



Systematic improvement and measurement of following objectives

- Results in sport
- Development of studies
- Satisfaction of students
- Coaches motivation









- Cyprus **dialog universities** National Sports federation Olympic Committee
- Greece new system for Dual Career **emphasis on sport few schools**
- Hungary **Sport friendly government** –President of Hungary Olympic champion Prime Minister is a former soccer player, no sport strategy
- Latvia compulsory upper secondary school classical, **sport gymnasiums (completely integration**) post-secondary education –specialized – Latvian Academy of Sport Education
- Spain, Youth sports is regulated by law in Spain. Have to consider 17 different systems "High-level sport is considered to be of **interest for the State**

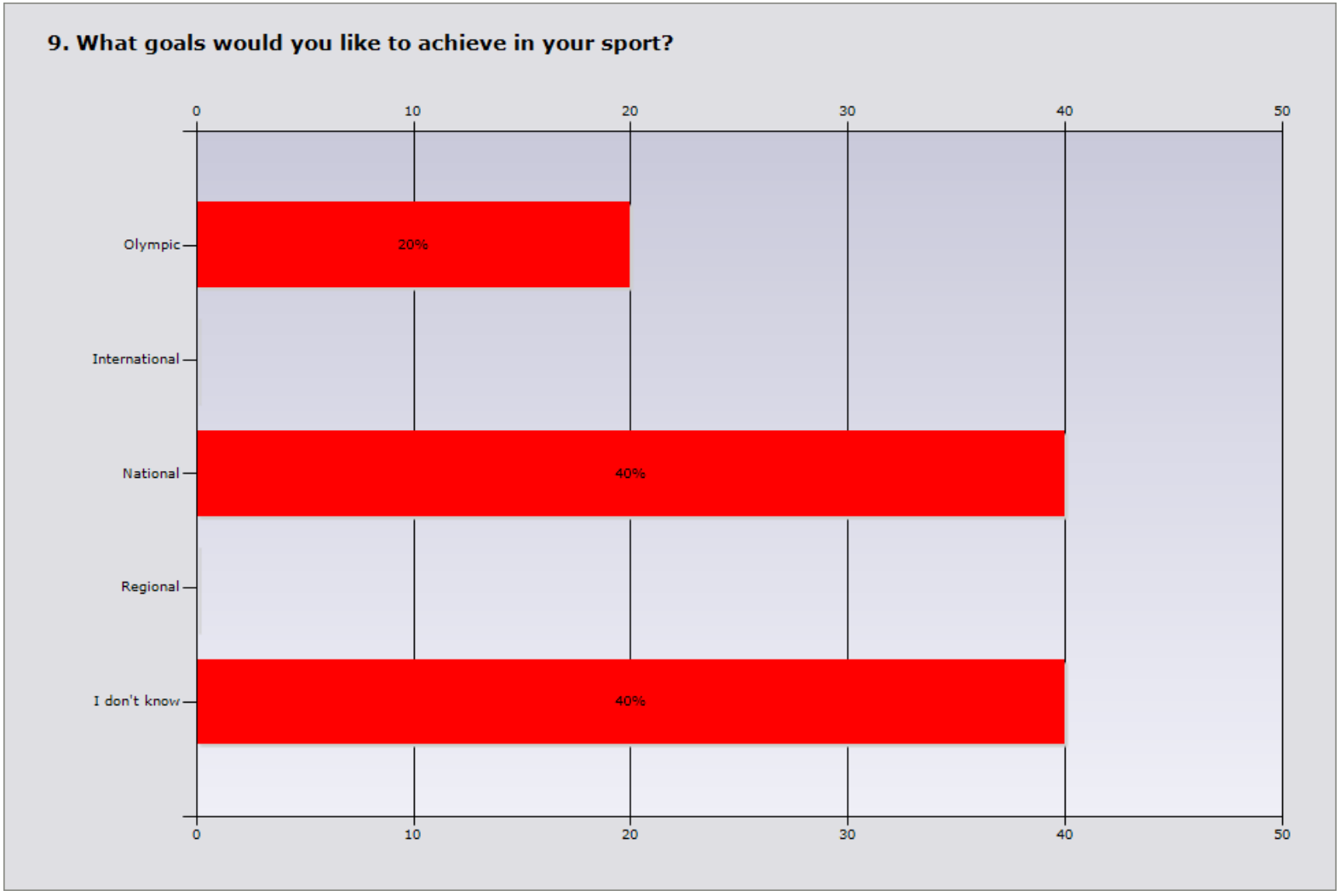
What can you contribute to make Dual Career better?

3 and 3 work together and write down possibilities

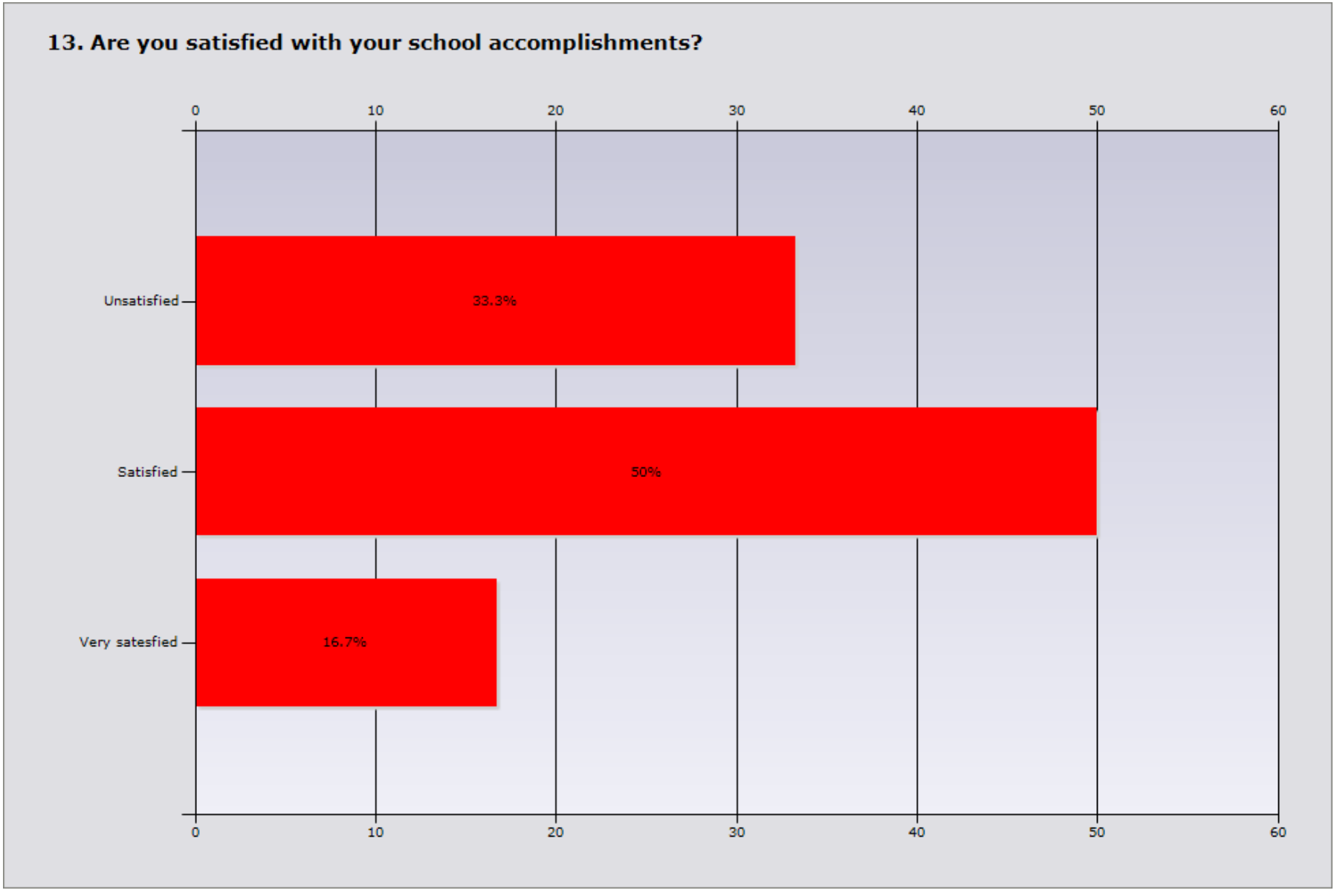
You have 25 minutes



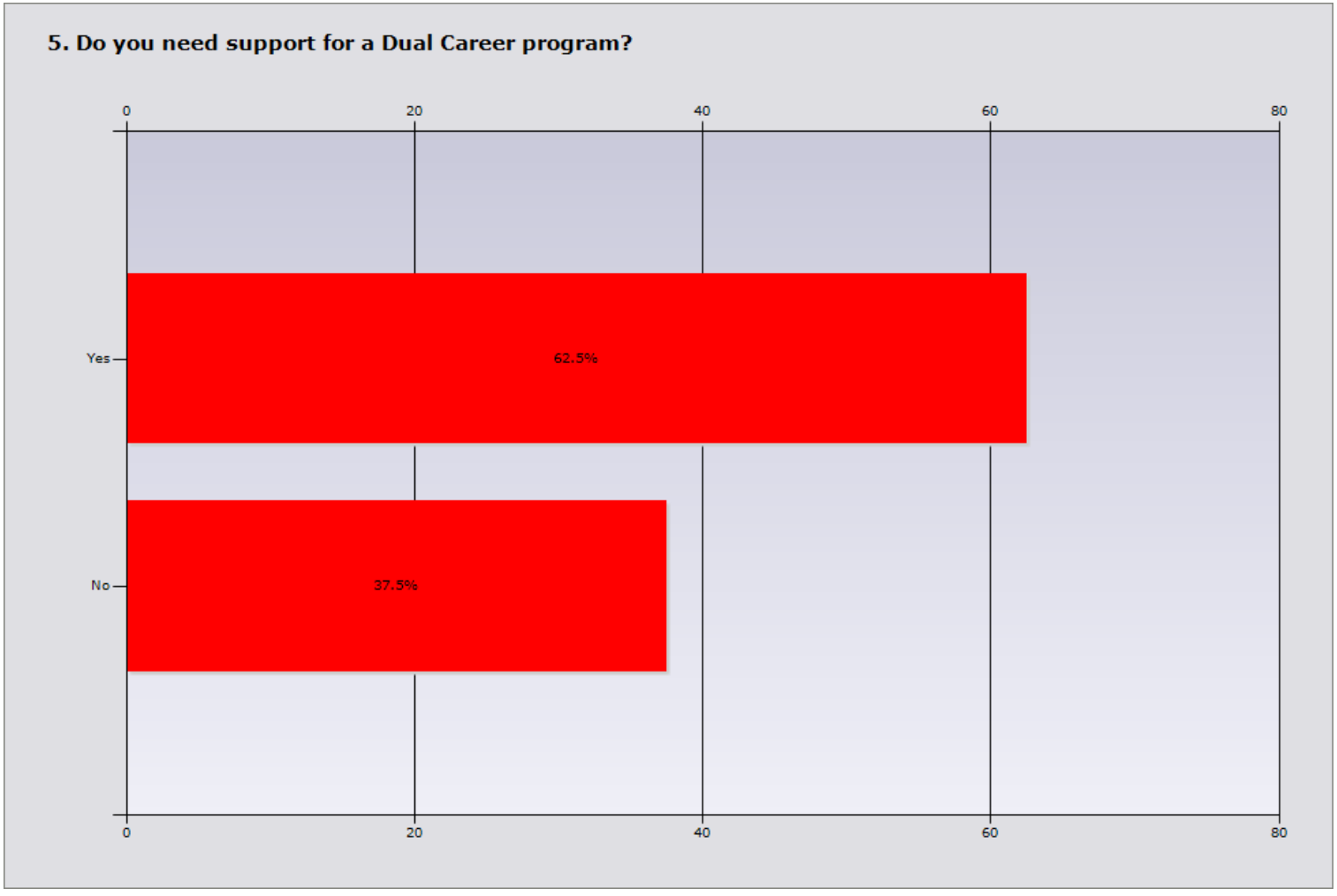
Athletes


9. What goals would you like to achieve in your sport?
0
10
20
30
40
50
Olympic
20%
International
National
40%
Regional
I don't know
40%

Ahtletes


13. Are you satisfied with your school accomplishments?
0
10
20
30
40
50
60
Unsatisfied
33.3%
Satisfied
50%
Very satesfied
16.7%

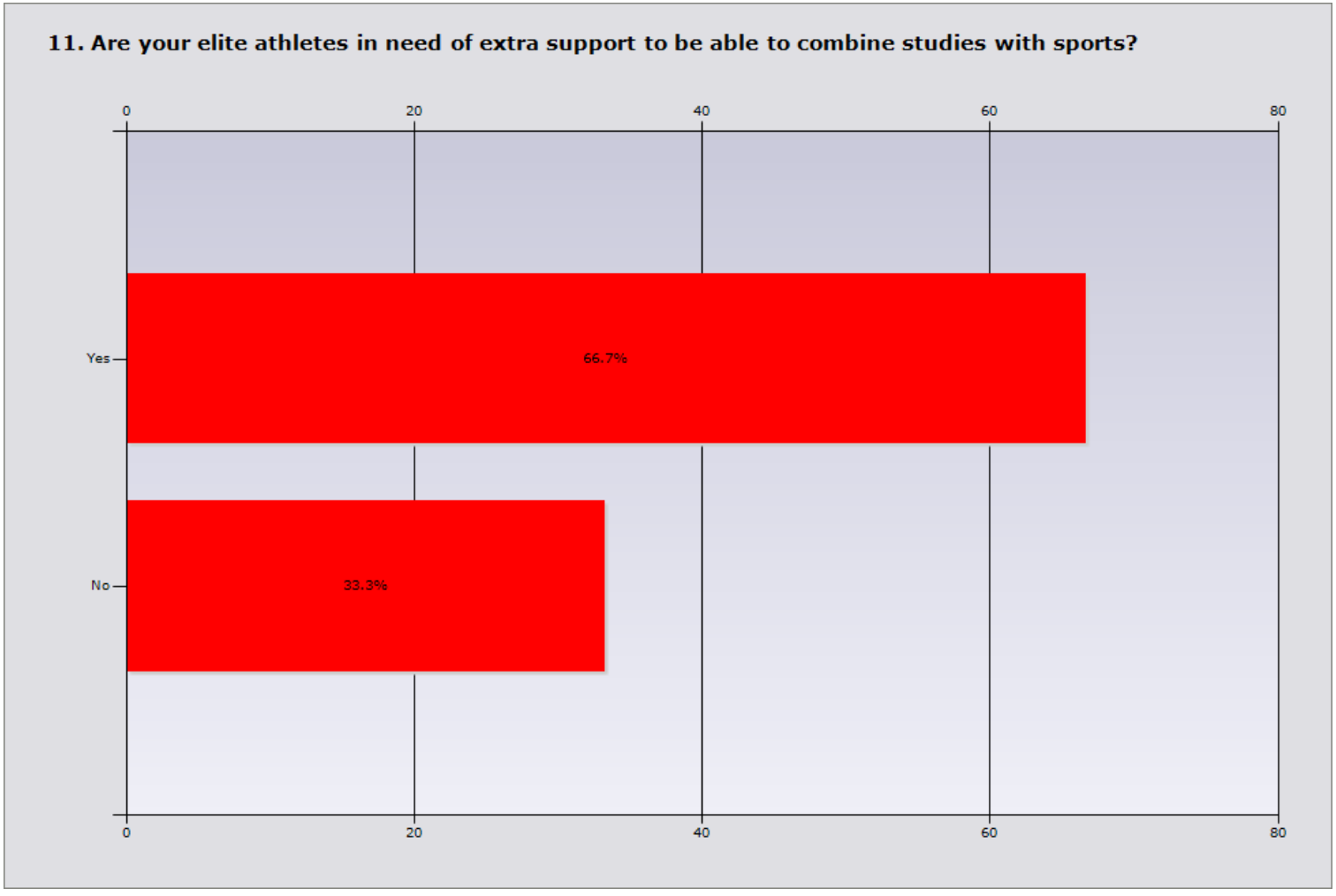
Special Sports Federations



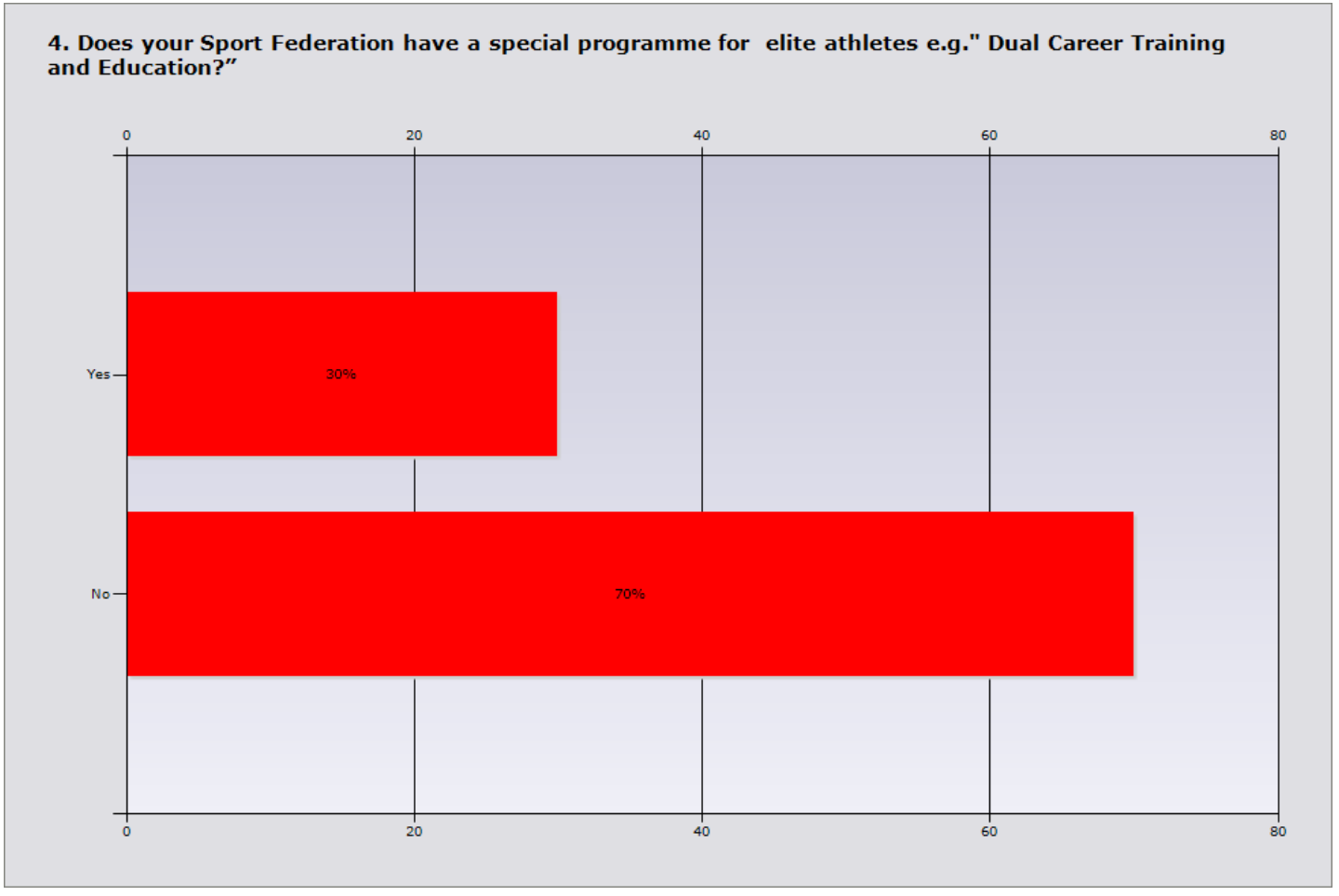
Special Sports Federations



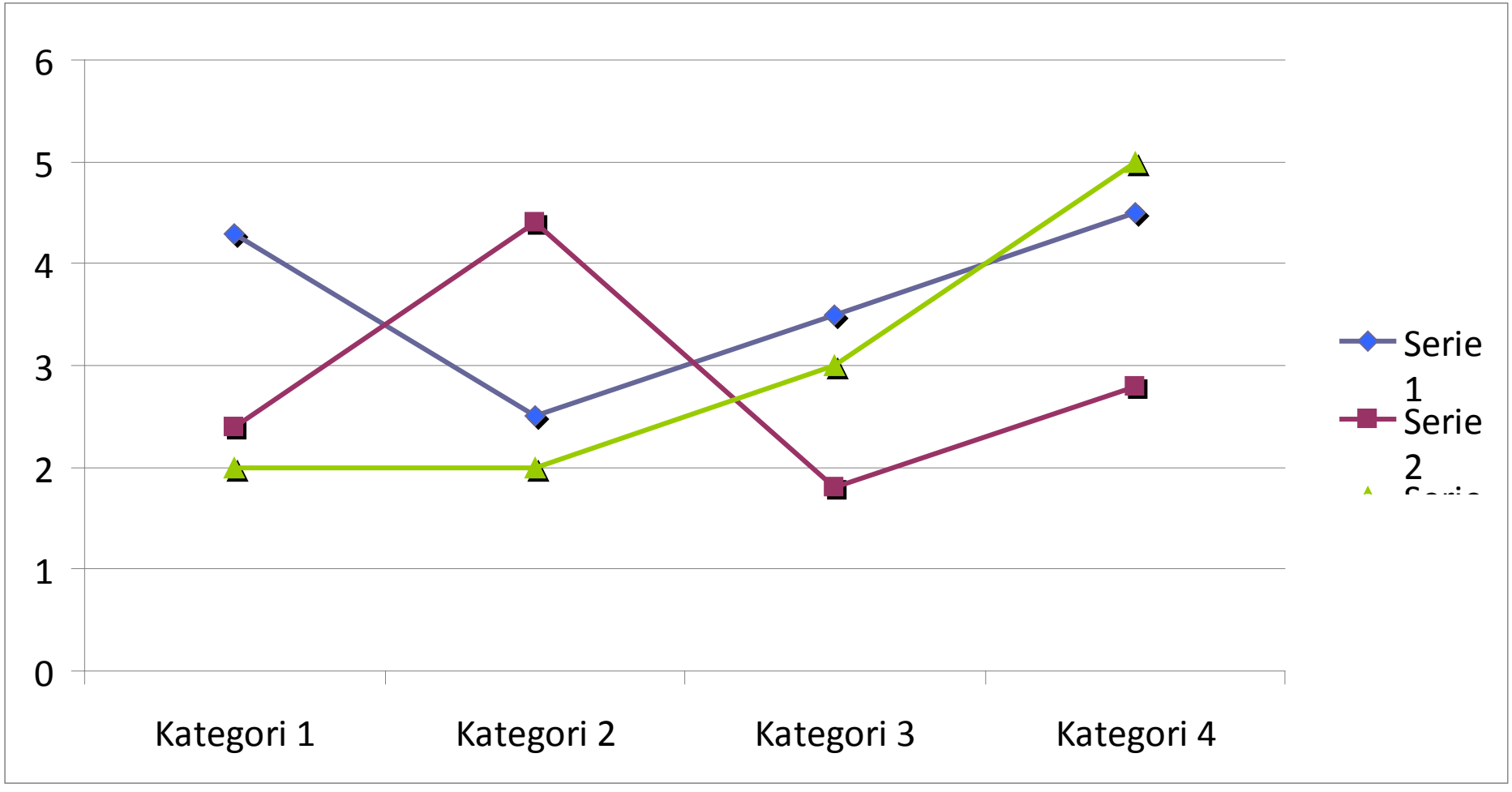
Special Sports Federations



Special Sports Federations



Sample graph

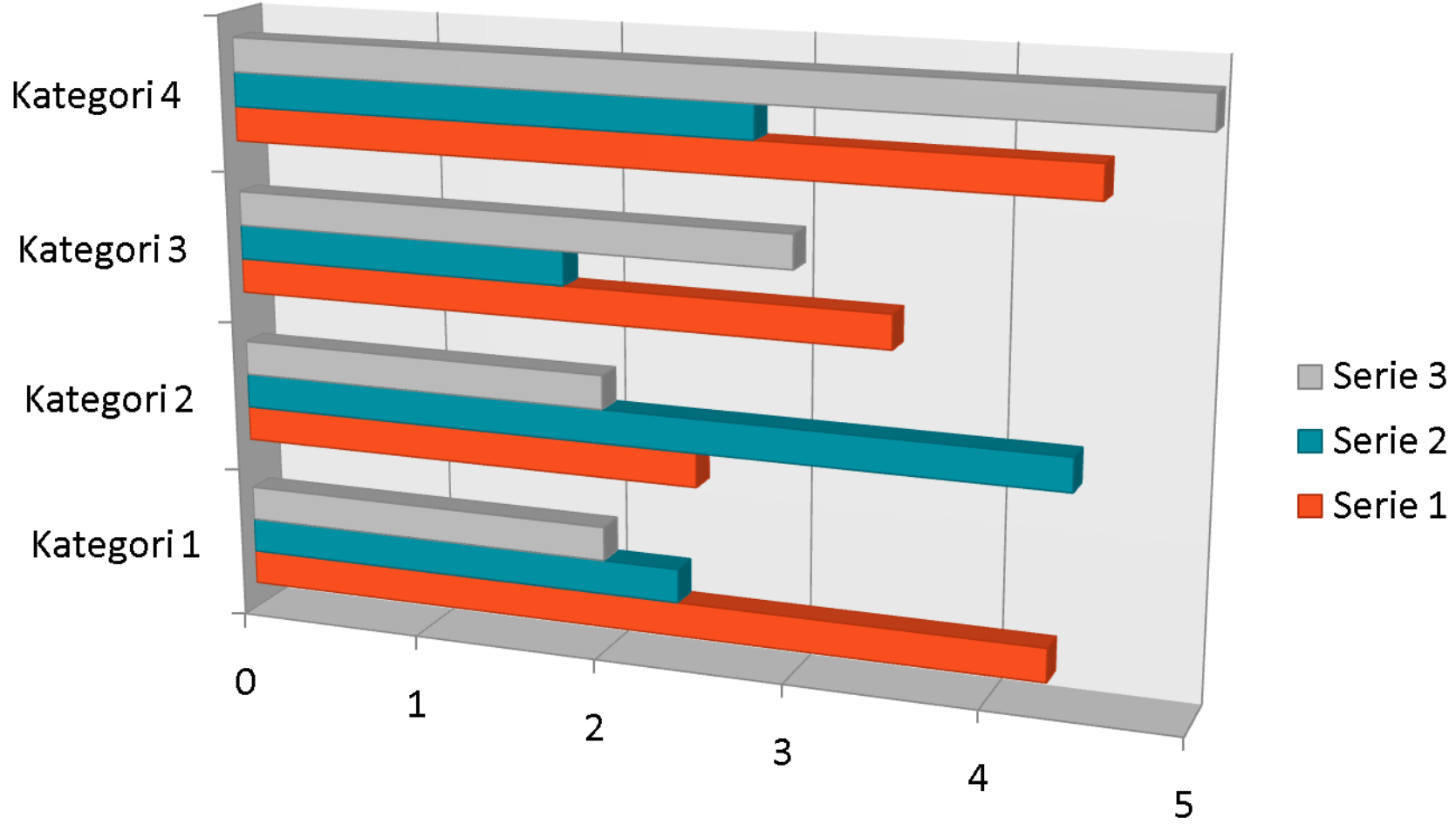


- **Sammanställning av tränarbidrag 2011-14 Platser Kronor (tkr)**
- Individuella idrotter 890 27 240 000
- Lagidrotter 310 7 750 000
- Fjärde år 150 2 250 000
- Kansli, kvalitetsarbete, utvecklingsprojekt 3 760 000
- **Summa (bidragsram 41 000 tkr) 41 000 000**

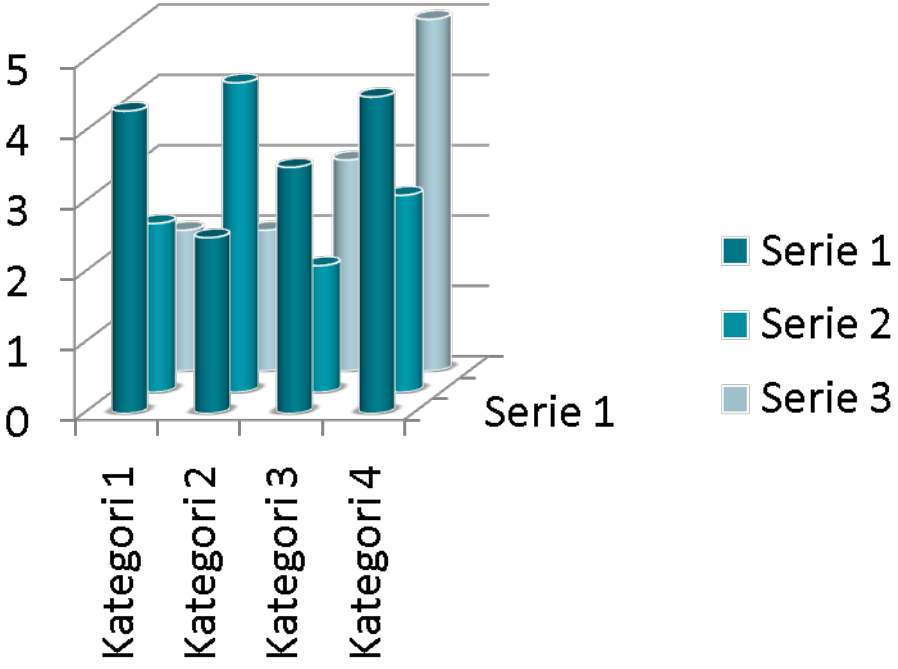
Upper secondary schools supported by the Swedish Sports Confederation

Compulsory school age 13 – 16 - mandatory	Upper secondary school age 16 -18- voluntary	Adult education universities age 19 - 25 - voluntary
- mapping - survey to principals	- national - regional - survey students, P.E-teacher, coaches	- centers training - education - agreements sports-federations - vocational education

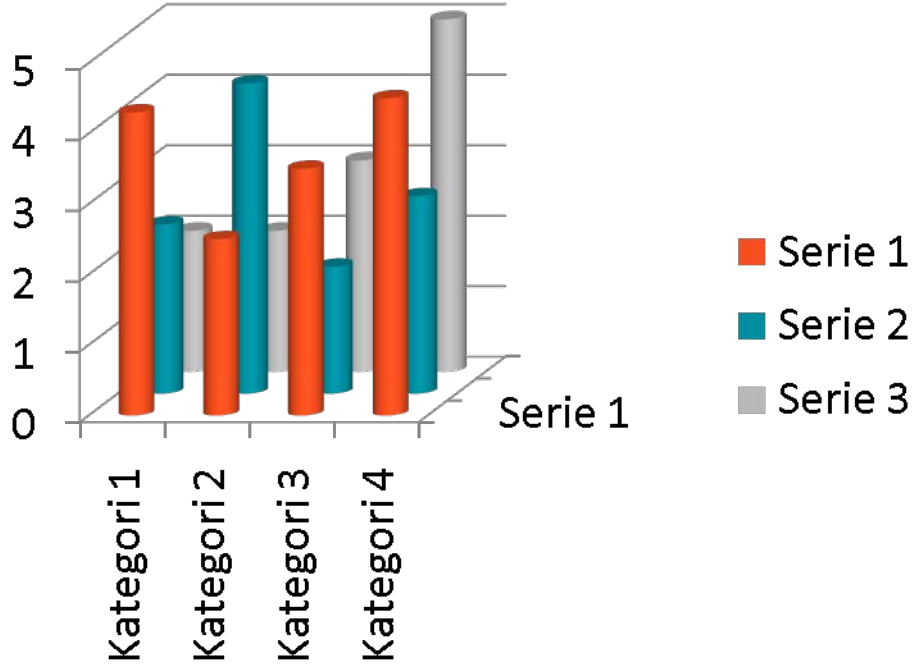
Sample graph



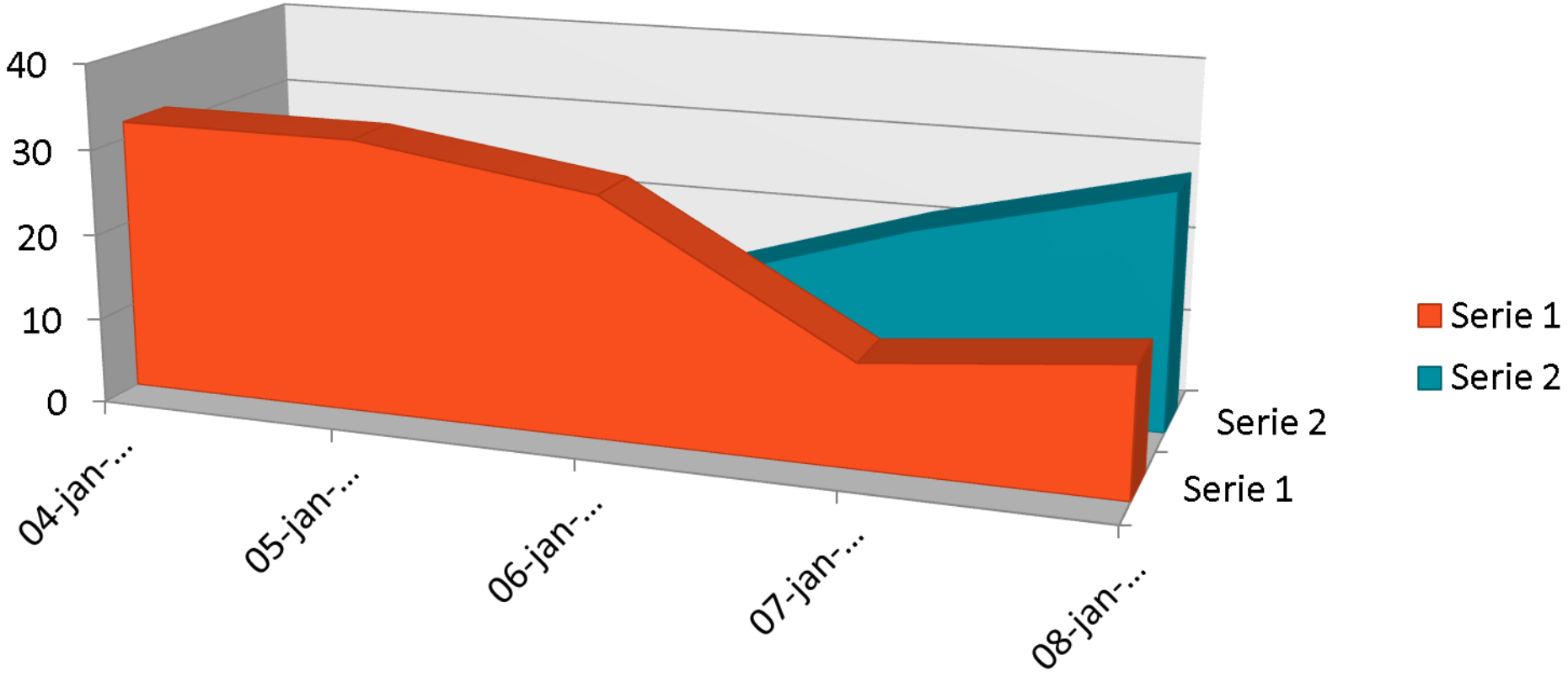
Sample bar graph comparison



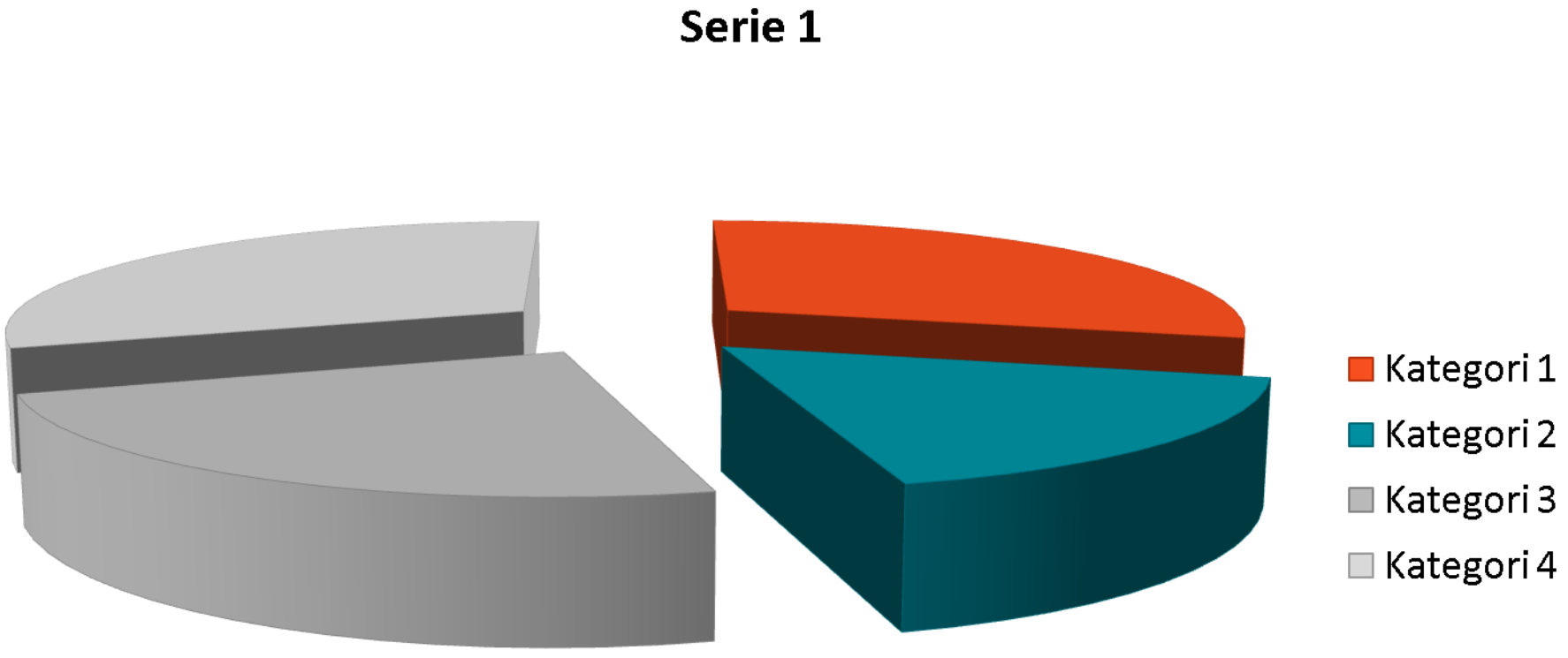
Headline

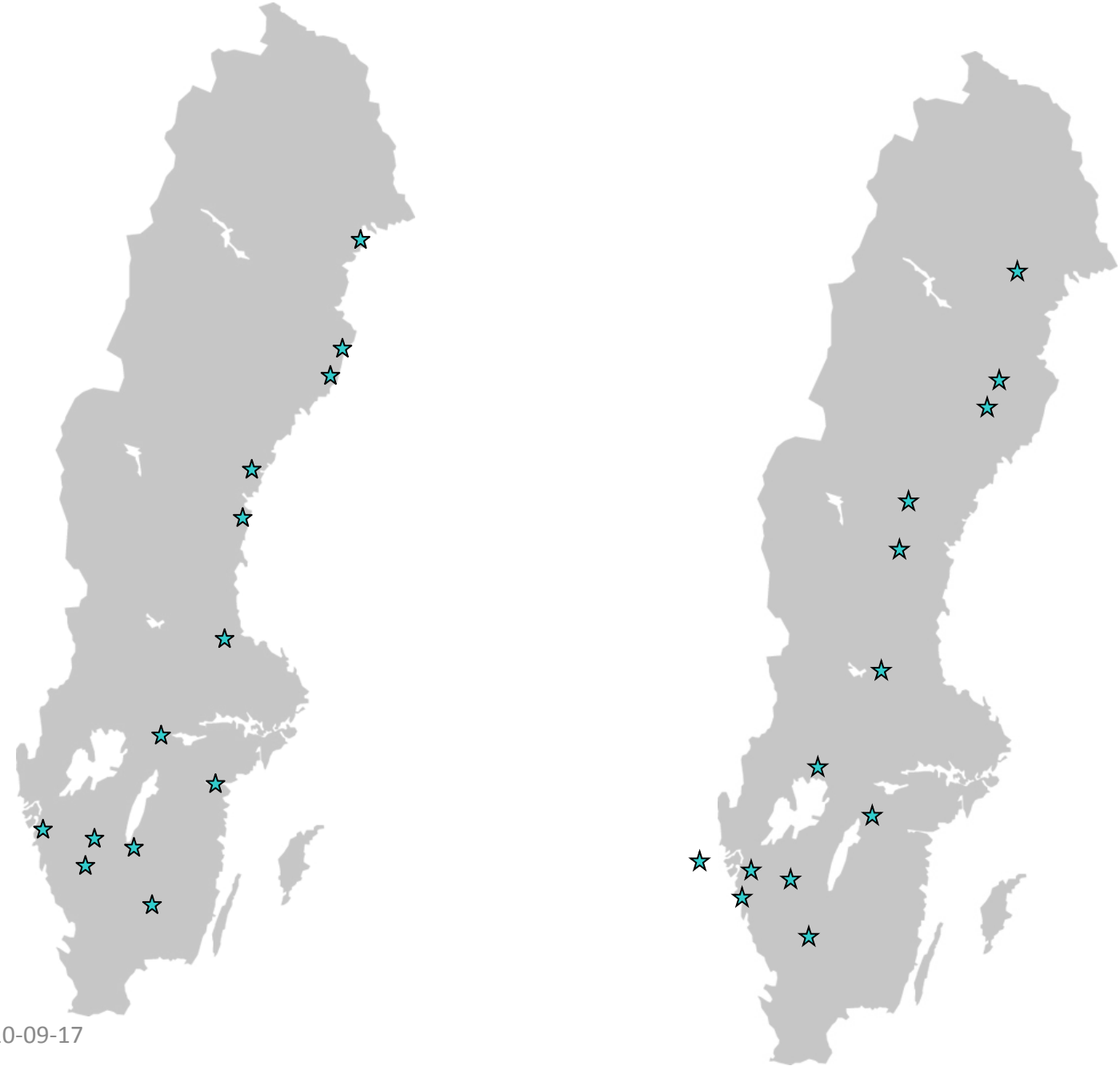


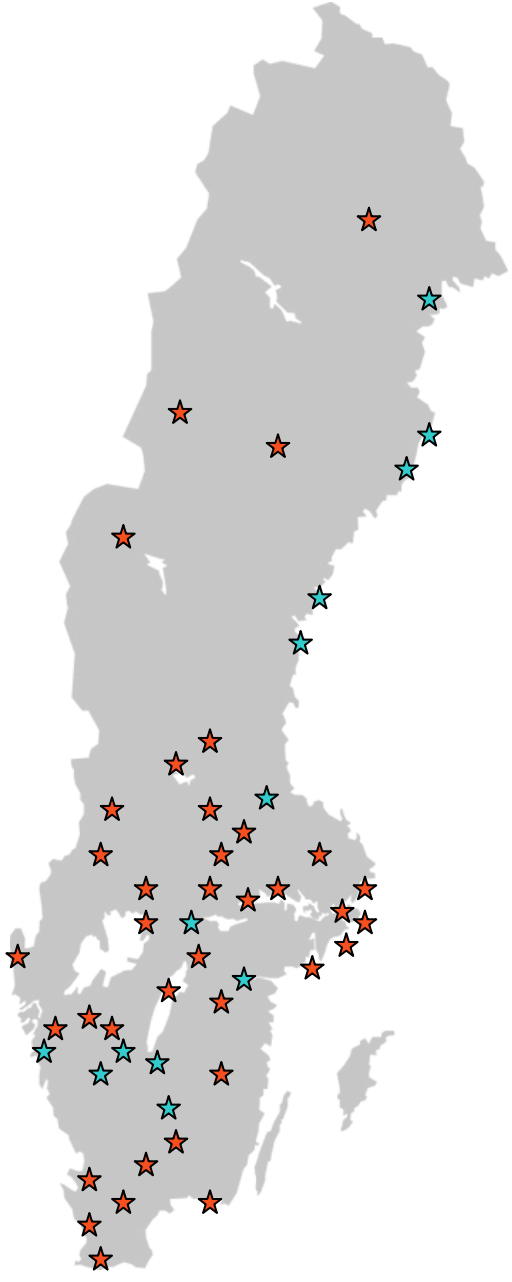
Sample graph

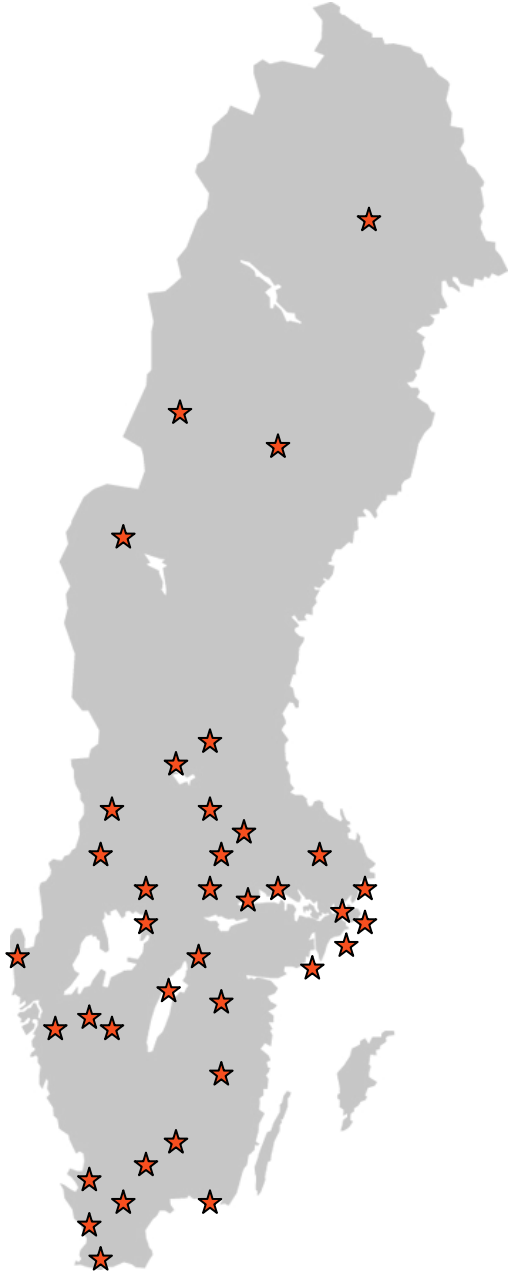


Sample graph









- Introduction
- What are your options?

- What makes you happy?

What are you good at?

- What direction are you moving in?
- What are your goals?
- From goals to delivery

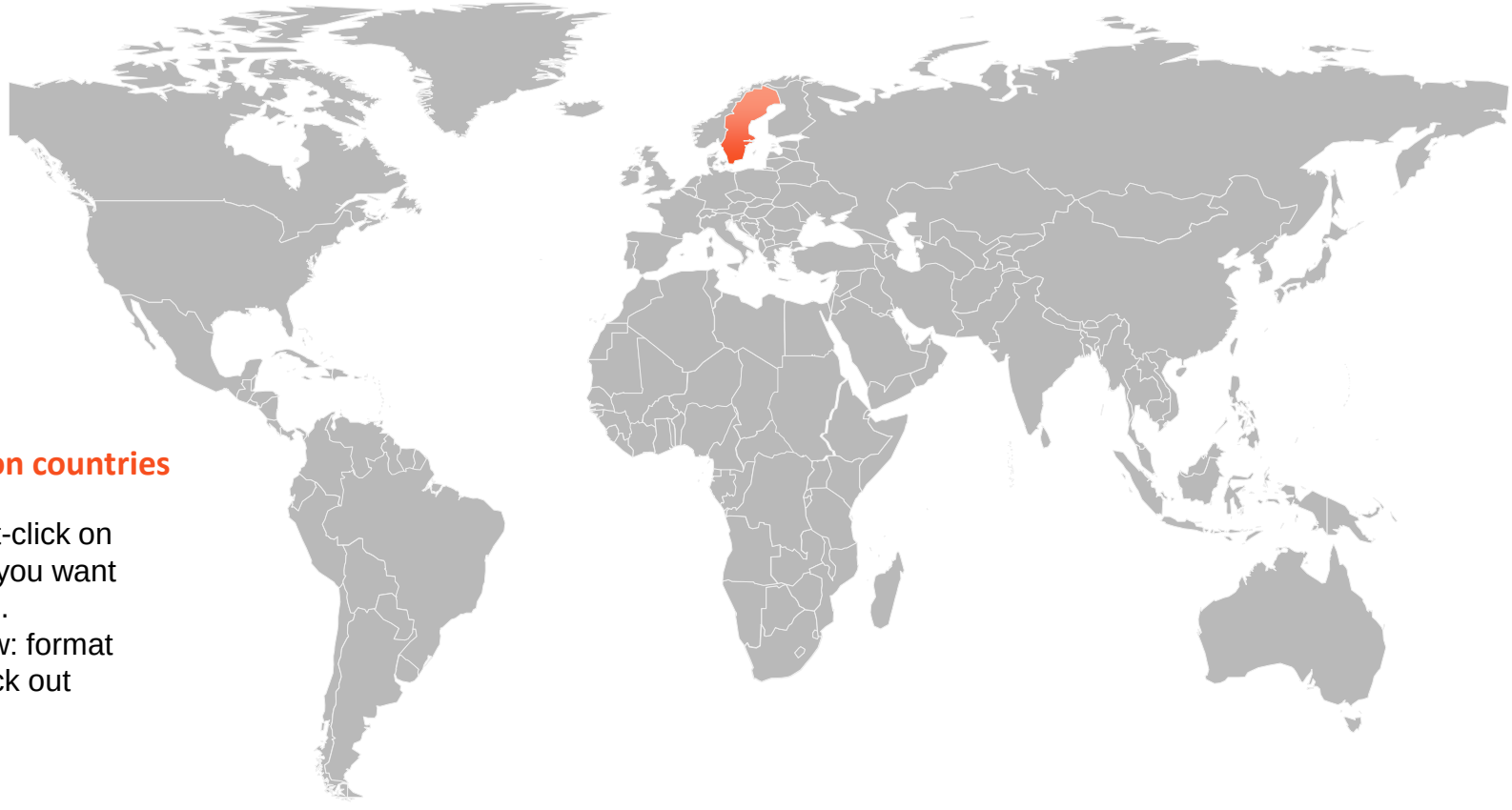
1. Access to information about good practice.
2. Creation of effective networks and the importance of effective communication.
3. Creation of formal and informal links between organisations.
4. Guidelines and methods for sharing good practice.
5. Support in implementing and evaluating new practices within the organisation.
6. Support in developing double loop learning.

What are your options

Step 2

Titel

Enhet



Change colour on countries

Double-click/right-click on the country that you want change colour on.
A pop-up-window: format figure views . Pick out colour, press ok.