Sport in the Lomonosov Moscow State University

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Moscow State University, 2012



The Lomonosov Moscow State University is one of the largest and oldest classical universities of Russia. It was founded in 1755.

This is one of the centers for national science and culture.

The MSU consists of:

- 15 research and development institutes;
- 40 faculties;
- 6 branches;
- Approximately 40 thousands of students in the university.

According to the requirements of the Ministry of Education and Science of the Russian Federation (2000), physical education and sport are represented in each curriculum for all the specialties of the university as an obligatory study discipline, 400 hours in capacity (including practical and theoretical exercises).





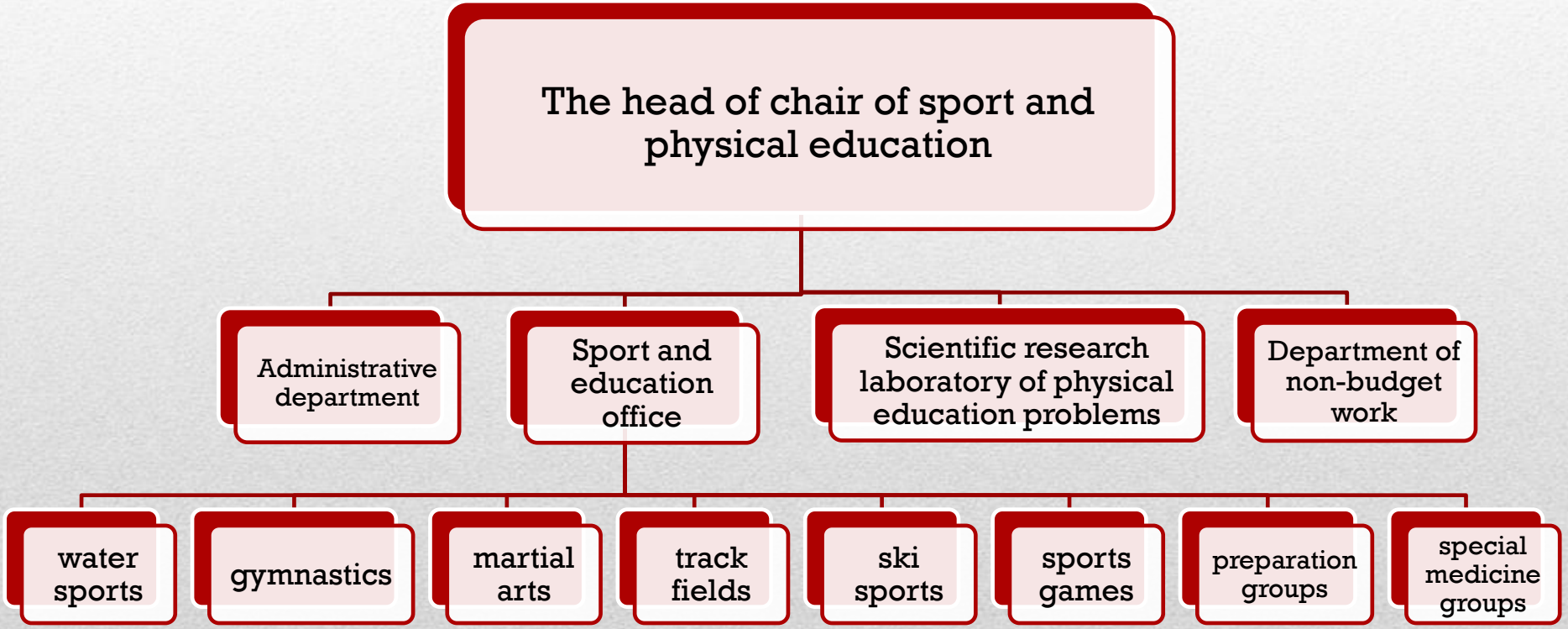

All work, connected with PE (physical education) and sport is a duty of the chair of sport and PE in common with the Sport club, which is a part of the trade union of the MSU.

The chair of sport and PE includes educational offices: sport games, water sports, track and field, martial arts, gymnastics, ski sport, sports games, preparation groups and special medicine groups.



There is a scientific research laboratory of PE problems among students, Sports and Education office and Administrative departments. There are 104 regular coaches, teachers and 150 employees, who organizes the educational process.

Structure of physical education in MSU:



On the present day the MSU has:

- 14 sport halls;
- 4 gyms;
- 2 pools;
- track and field arena;
- football and baseball stadiums;
- 8 courts;
- open sport squares;
- sailing and ski bases.



MSU Yacht club

The total area of the covered sport buildings is nearly 10 000 square meters, and the total area of the sports grounds is 60 000 square meters. More than 13 000 of students of the 1-4 courses are involved in PE process every year.

PE is carried out taking into account sport interests of the students. At the first year the majority of students can start that kind of sport, they like, but the implementation of the sports standards is obligatory. Nowadays we are faced with the growing interest to such sports as aerobics, martial arts, tennis, rowing, arm wrestling.







PE lessons are carried out according to the educational schedule of the faculties, that allows to use sport buildings with effectiveness in daytime from 8.30 a.m. to 5 p.m. It gives an opportunity to involve in PE more than 4000 students daily.

In the time period from 5 p.m. to 10 p.m. on the sport bases of the MSU are carried out studies in sports sections on 42 sports. More than 2000 students and aspirants attend this sections, among them are masters of sports, candidates for the master of sports and graded athletes.



Annually the MSU is organizing some sports centers in summer and winter vacations on the basis of its boarding houses Burevestnik, Universitetskiy and Krasnovidovo. Every year athletes of the MSU trains there in different sports.

The sports calendar of the athletes of the MSU includes 3 main competitions:

- the MSU sports contest;
- the Moscow students games;
- the Moscow university games.



Annually more than 7000 students and aspirants participate in the Sports contest of the MSU. Competitions pass during a year on 42 sports.

In addition in the MSU the sports and mass events devoted to various significant dates and the prizes of the rector of the MSU are gifted to the winners.

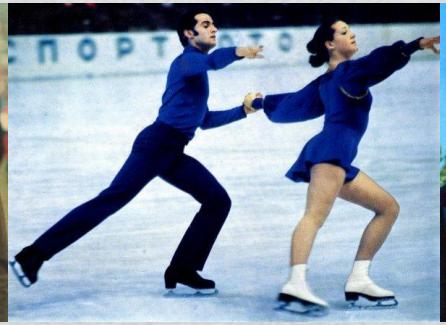
Students of the MSU successfully join the external competitions, for example the Moscow students games, where students of the university participate in more than 60 varieties of program. They join high places between 148 universities of Moscow and Moscow region.






The university has rich sports traditions. Water polo players of the MSU A. Dreval, A. Kabanov, M. Riysman, G. Mshveniyeridze in some years became Olympic champions. The swimmer G. Prozumenshchikova, the diver V. Vasin, the boxer B. Lagutin and acting in the horse sport E. Petushkova were Olympic champions. Ex-champion of the world in chess A. Karpov studied and worked in the MSU. G. Karponosov together with N. Linichuk were the champion of the world, later the champion of the Olympic games in dances on the ice in Lake-Placid.





Athletes of the MSU participated successfully in the Olympic games in Sydney and won 5 medals. Among them the graduated student of the faculty of journalism Irina Privalova, who won the distance 400 meters with barriers and received the bronze medal in relay race 4×400. I. Privalova is the numerous champion and the world and Europe record holder in run on the distances: 60m, 100m, 200m. In 1994 she had been recognized as the best athlete of Europe. She trains under the supervision of Vladimir Paraschuk, associate professor, the deserved trainer of Russia.



V. Paraschuk



I. Privalova

The student of the MSU Mariya Kiseleva (the faculty of journalism) won 2 gold medals in synchronized swimming. Another student of the MSU R. Balashov (the faculty of journalism) won the silver medal in water polo.



R. Balashov



M. Kiseleva

High-qualified athletes of the MSU (members of the Olympic team), in common, not face with the difficulties, studying in the MSU and participating in different competitions.

By the help of the Ministry of sport and the Olympic committee of the Russian Federation they are represented free schedule in the university and special grants.

On the contrary, not paying a lot of attention to the success of classed athletes (the main group of our students).

We can define some problems, which are the most significant in the sports sphere of the MSU:

- weak economical support of the athletes;
- insufficient financing of external competitions and sports bases;
- lack of the target set of high-qualified athletes;
- difficulties during the solving of the educational problems of athletes.

In our work we prefer the following methods:

- personal contact with the management of the faculties and helps them to carry out sports festivals and competitions;
- involves famous post-graduates to help and promote athletes;
- promotes our sport and achievements of the athletes in the local mass media;
- availability of trainings for athletes (convenient schedule).

