We give more to your Academic Life

7th EAS-Network Conference

“Sport Life @ University & School”






Universidade de Lisboa

Social Services

- Sport Services -

Duarte Lopes

Damos + à tua Vida Académica

Sports overview @ UL

























Sports overview at UL

- **23.000 members** from 8 schools and 3 Institutes
- Sport @ Social Services (food, accomodation,…)
- **49 staff**: (8 full-time + 13 part-time + 28 students)
- **64 Events** (30 Outdoor + 12 Academia + 22 Intra-mural)
- **1.000m²** of sportive area.
  - 1 artificial grass pitch
  - 1 health club "Academia UL^{ness}"
- **~3.000 users** (>40.000 visits/year to Academia)
- **500.000,00** euros budget in 2010

Competitive Sports @ UL

	2007/2008	2008/2009	2009/2010
University Championships (POR)	10	11	21 (+91%)
Atlhetes @ NUC's	44	65	83 (+28%)
University Tournments (POR)	1	3	2 (-33%)
Athletes @ NUT's	2	10	4 (-60%)
Athletes @ Project	131	207	224 (+ 9%)
Medals	36	43	71 (+65%)
Gold medals	20	14	25 (+80%)
Teams @ U.Lisboa	11	16	17 (+ 7%)

Academic recognition @ University of Lisbon

- Academic Support
- Psychologic Support
- Medical Support – School Health Center
- Sport Support

Academic Support

- **Relief of Absences** – If miss classes or other curricular activities, and happened during the preparation or the competitions;

- Possibility to request for **Exams at Special Season**, according to the school calendar of the Faculty or Department;

- **Prescription** – If applying the prescription rules, each student's inscription year is really resgisted as half year;

- **Diploma Suplemment** - Document annexed to the degree certification which may contain references to extra-curricular activities such as the sports representation of the University;

Academic Support

- **Postponement** for presentation of papers, written reports or other academic work, for a term not exceeding 30 days;

- **Being supported by the Sports Services**, in order to access to the *Sports Merit Scholarship*, if they meet the criteria (specific regulation for this scholarship);

- **Realization of periodic evaluations** if they could not attend, (representation of the University) on a date to be arranged with the teacher and within no more than 30 days.

Psychologic Support

This was one of the supports asked by several of our elite athletes. Therefore:

The University of Lisbon, trough a partnership with our Faculty of Psychology, gives psychologic support to all our athletes.

Coordinator: Professor Fernando Fradique et al.

Medical Support
School Health Center

Priority @ School Health Center :

- Medical support such as Psychology, General Practice, Gynecology, Psychiatry, etc. (€ 3.50/visit)
- Perform electrocardiogram
- Request medical credentials for several examinations (ultrasound, RX, blood tests, etc.)

Coordinator: João Caiado, Ph.D.

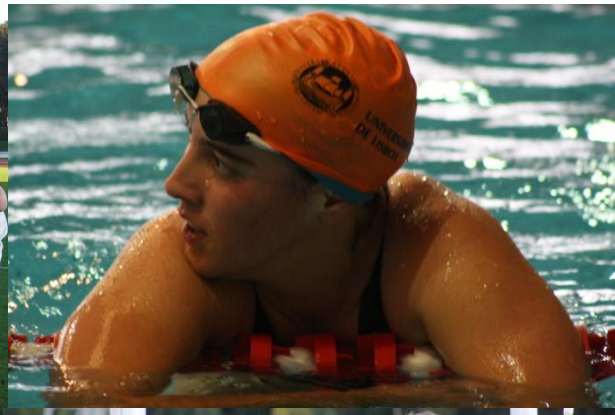
Sport Support

The *Sports Services* of our University can help as following:

- Free Access to the University Sports Facilities – Fitness and Exercise Rooms, with Cardio-Fitness, Bodybuilding, Group Classes, etc;
- Information update about university events and sport competitions;
- Support in the relationship with EUL or other partners;
- Support at the use of privileges and/or the actual legislation;
- Registration monitoring and framework across all university competition.



Butterfly




hummel



nnis.com



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EUROPEAN
ATHLETE AS
STUDENT

Thank you! ☺