

7th EAS Conference

"Support and Integration to the Practice of Sports at University of Minho"

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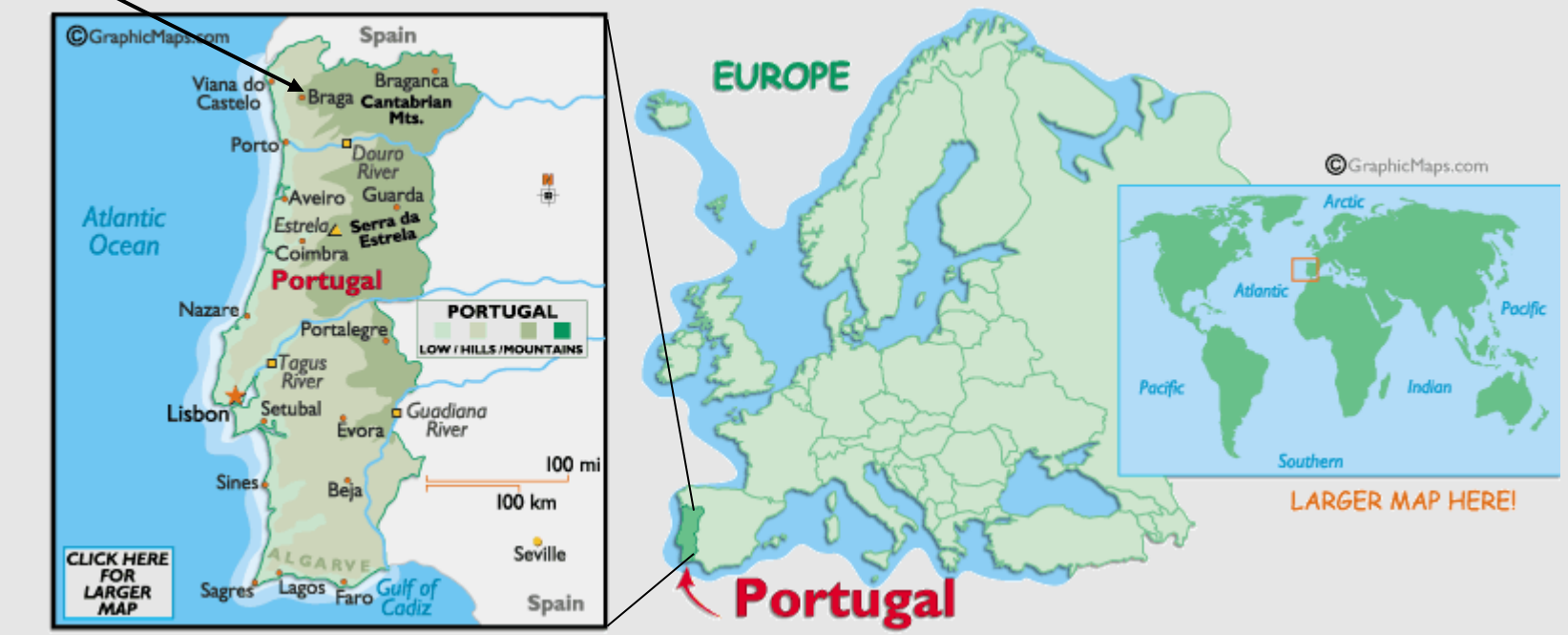
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University of Minho Location



University of Minho has two campi: one in Braga, the capital of Minho province, another in Guimarães. Braga was an important city of the Roman Empire – *Bracara Augusta* –2000 years ago. Guimarães is the cradle of nationality, where our first King was born, in 1120.



University of Minho

- 16.864 students
- 1,389 PhD students
- 3,589 Master students
- 459 Foreign students from 27 countries
- 1,060 Teaching staff
- 90,2% Teaching staff with PhD
- 53% State funding/total budget



Sport Department - University of Minho Social Services

Mission Statement

Promote participation in sport and culture within the academic community (students and staff), providing the conditions for democratic access to this practice in a healthy, excellence and learning environment, open to the community.



Principles and Policy

I. Give everyone the opportunity to practice sport independently of the level of practice. **Sport for all** is the main goal.

II. Competitive sports and high performance sport is used as **internal promotion of sport**.

III. UMinho leadership integrate sport in the University strategic development areas.

IV. Sport program orientated on the demand side – application of individual sport habits questionnaire to all Freshmen (since 1998).





Principles and Policy

V. *"Excellency in mind and body"* FISU motto, fits perfectly in University of Minho Sports Policy.

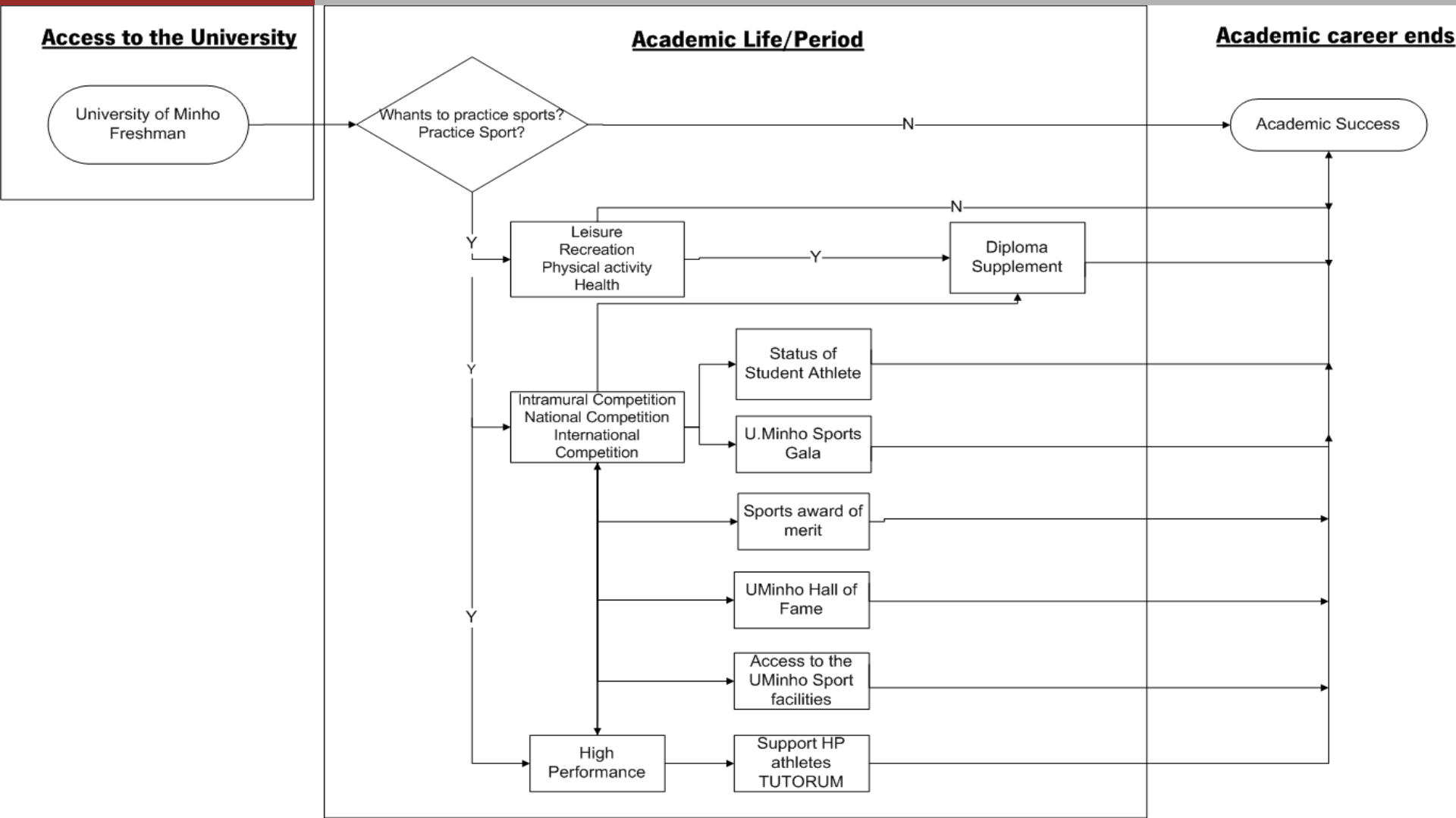
VI. The regional potential and level of development in some sports, creates opportunities for strategic intervention and creative solutions.

VII. Regular organisation of international university sport events, stimulates criative partneships for sport development.

PROCESS

Support and Integration to the Practice of Sports at University of Minho

Flow representation





Facts and Figures

41% UMinho students practice sport in a regular base, and are active member of Uminho sports program.

2,4% UMinho students practice competitive sports at university level.

9% UMinho students practice competitive sports in clubs.

Every single student is important, UMinho **FOCUS** is: offer the best possible conditions to practice sports in a regular base and with academic success.



Facts and Figures (2001-2010)

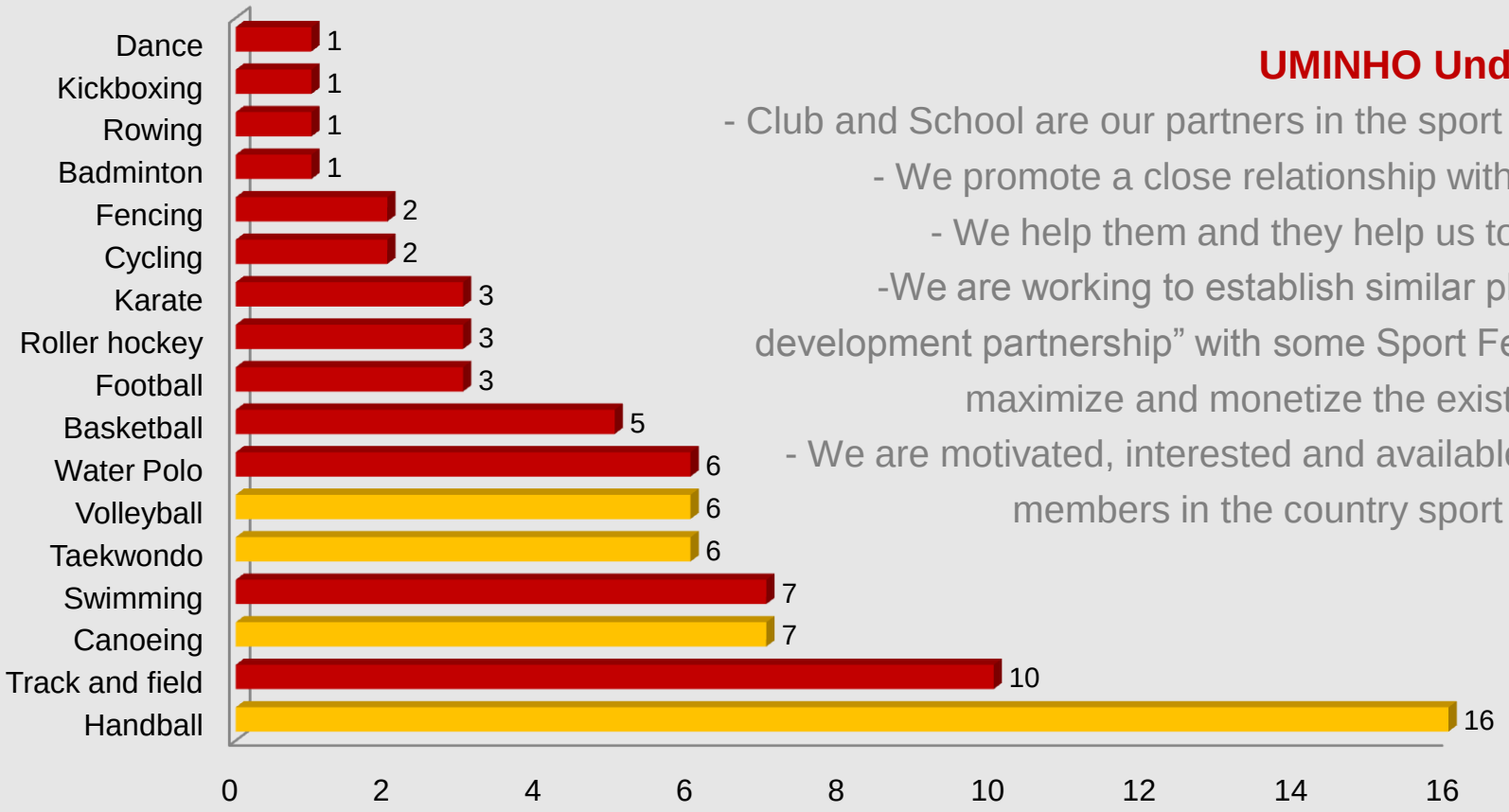
	Recreational			Competitive level		
	Members SS	UMinho Students	% Stu UMinho	R. Clubs	FADU	HPA
2001	5030	2312	14%	1616	211	7
2002	5046	2864	17%	1721	223	8
2003	6176	4089	24%	1655	239	8
2004	6238	4315	26%	1725	254	7
2005	6871	4475	28%	1503	283	10
2006	8319	5821	37%	1682	298	7
2007	8334	5832	38%	1541	313	2
2008	8974	6012	38%	1792	284	8
2009	9422	6312	40%	1849	398	11
2010	9893	6832	41%	1518	412	12

- **69%** of UMinho Sports program members are students.
- **6832** students practice sport regularly at Uminho sport facilities.
- **1518** students are involved in competitive sports – Club's.
- **9%** of 2009/10 freshmen students were involved in competitive sports..

SS- Sport Services; R- Registered ; HPA – High Performance Athletes; FADU – Portuguese University Sports Federation



Facts and Figures – HPA at UMinho (2001-2010)



UMINHO Understanding:

- Club and School are our partners in the sport development
- We promote a close relationship with our partners
- We help them and they help us to be excellent
-We are working to establish similar platform “sport development partnership” with some Sport Federations, to maximize and monetize the existing potential.
- We are motivated, interested and available to be active members in the country sport development

HPA – High Performance Athletes



Direct measures to support UMinho students involved in competitive sport environment.

I. Student-athletes Status (since 1998)

II. Specific program to support high-performance athletes (Tutorum)

III. Sports Merit Awards.

IV. Access to the UMinho sport facilities.

V. *Podium* – UMinho Sports Gala.

VI. Diploma Supplement.

VII. University of Minho – Sports Hall of Fame.



I. Student-athlete status

Requirements:

- Students with a participation record in competitions higher than 80%

- Minimum of 2/3of attendance in the training sessions.

“Compensation for time spent in training and competitions”

Formal Justification - absence to classes

Only for official representation: National or International events.

Possibility to Postpone academic examinations

Only in official representation: National or International events.

Opportunity to be enrolled in special examinations period

Exceptional measure.

Complementary actions to motivate Professors.



II. Specific program to support high-performance athletes (Tutorum)

Requirement:
athletes with high performance status awarded by the Portuguese Government

"TUTORUM – tutorial accompanying"

Enjoy the measures contained in the Portuguese Law (decree)
Attempt to apply the law - administrative support
Support in pre-trial applications for government sport academic scholarships
Professor - Tutor
Exceptional measure
Regular Meetings Monitoring - quarterly
information to athletes and coaching
Free access to the University Sport facilities
Braga and Guimarães sport facilities
Support in Sport Psychology
Complementary actions to motivate Professors.



High performance athletes at University of Minho – Overview of academic performance record

From 2001 till 2010, 80 students with high performance status where enrolled at University of Minho.

The above mentioned academic record was registered:

41,79% Finished their academic career,
41,79% Are currently enrolled in a graduate program and integrate TUTORUM
8,96% Requested transfer to other Higher Education Institutions.
7,46% Suspended their registration at the University.

Only **4,4%** of students with high performance status abandoned the high-performance sport after entry into Higher Education, however, they where active representing University of Minho in University competitions.



III. Sport Merit Awards

- Encourage the achievement of sporting performance excellence through institutional representation.
- Sporting merit compensation if accompanied by academic success

Requirements:

- National University events: Gold medal
- International University events: gold, silver and bronze
- If obtained academic achievement, at least to 50% of the registered disciplines.

Award:

- Amount from 25% till 100% of the full annual University fee value.



IV. Access to UMinho sport facilities

Requirements:

- Member of TUTORUM Program
- Selected to represent UMinho at University Competitions (individual and team sports)

University of Minho Sport Facilities:

Medical and physiotherapist support.

Participate in training sessions and improve physical condition.

- Gualtar - Braga Sport Complex : 4308 m²
- Azurém - Guimarães Sport Complex : 2130 m²
- Santa Tecla - Braga Fitness centre: 120 m²
- Driving Range & Putting Green (Azurém-Guimarães): 12960 m²
- Congregados Gymnasium(Braga): 352 m²


YONEX
Delta






MIKASA








STEX





V. Podium – University Sport Gala

Requirements:

- Athletes and officials with excellent results (1st, 2nd or 3rd) at University Competitions – at National or International level

“Institutional and Public Recognition”

Gala Dinner

Meeting with Athletes, Rector, Professors, Coaches, Media, Club’s

Individual Awards

Male and female athlete of the year, Coach of the Year, Monitor of the year and Athlete Career distinction

Promoting the Value of University of Minho Sports

Public entities, Spornsors and Partners

Initiative of global institutional motivation - reinforcing the sense of community



VI. Diploma Supplement

Requirements:
Students with regular practice of sport and sport merit

“Institutional recognition and extra-curricularvalidation”

Validation of participation in regular sports activities
80% of competitions and + 2/3 of training sessions
Validation of Sports Merit
National or International University titles
Evaluation and control
Informatic system controling the access to the sport facilities and coaches annual reports .

Additional actions to promote the Diploma Supplement



VII. University of Minho – Sports Hall of Fame.

Requirements:

- Athletes and participation at International University sport events: Universiades, World and European University Championships.

“Institutional recognition”

Area of reference for sport merit

Event poster with reference to student: name, course, and academic number.

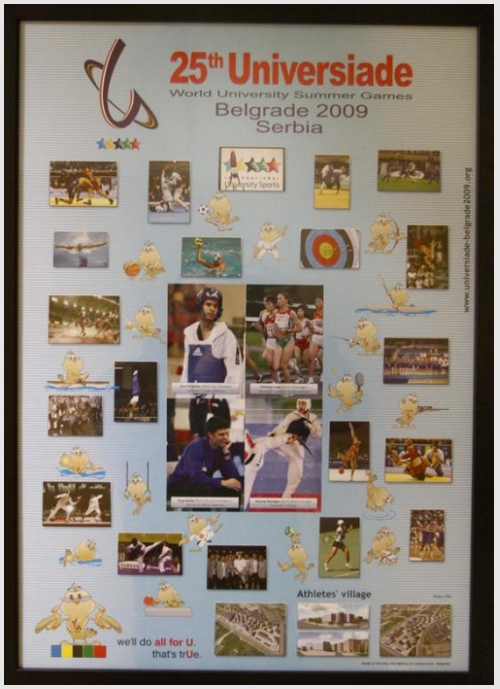
University Sport Valuation

Only the best International university Sport competitions

Promotion of the Universty of Minho Sports Value

General public

Complementary action - permanent contact with the values





THANK YOU

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