MOVE YOUR BODY
STRETCH YOUR MIND

Workshop 1: Possibilities of Taking Political Influence











Aspects and questions for the brainstorming and discussion:

1. Which are the political objectives we want reach?

2. What are your experiences in your country regarding the different political levels?



… different political levels:

⇒ Institution of Higher Education

⇒ National University Sport Federation

⇒ State and/or Federal Governments

⇒ National Sport Federation

⇒ National Olympic Committee



3. What could be the aspects of a political acting plan (what strategy)?

4. Involvement into the European Credit Point Systems of Higher Education (ECTS)

5. Part of the University Laws



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Different sport systems across Europe require different approaches

However: There should be a reliable partner for the institutions/organisations dealing with/responsible for sport

We identified two key problems:

- Money
- Goodwill



Money: Make sure there‘s is enough ☺

Goodwill: If there is **NO** legislation

→ There is **NO** reliable system for elite athletes

Problem: Autonomy/Independence of the educational system in most of the countries

Need for a **National Network**, consisting of Sport Federations, Politics, Educational Institutions; continous system of communication on a regular basis



There are existing recommendations on EC level

But there is need to raise awareness amongst Politicans, People responsible for Sport in general (on school level, in universities, on elite sport level) and promote the benefits of life-long physical activity

Broad basis -> bigger chance to identify top-athletes



„Make Europe attractive for athletes!“

(ERASMUS-MUNDUS-Programme)

National politics should be influenced by european union!
All different levels of political influences must be stressed!
All appropriate instruments have to be used!



Thank you!

Hope to see you again in Oulu.

